### Fall 2017

**Camden's** Story Your Support **Helps Build Trust** 

Partnership With **Bigfork** Schools New Faces On Board Leadership

**One Volunteer's Story** "Why I Love Festival of Trees"



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## **Creative Teamwork** INTERMOUNTAIN AND BIGFORK SCHOOLS CHAMPION *CHANGE*

Intermountain and Bigfork Schools are collaborating to offer a new Day Treatment program in the school starting this fall. Matt Jensen, Superintendent of the Bigfork School District, visited and observed the Day Treatment program on Intermountain's Helena campus and immediately felt the program would



work well to serve elementary children in the Bigfork School District who are struggling with emotional distress. He and Marvin Williams, Intermountain's Director of Education, soon worked out the details for the program, including the funding stream from the school district.

The biggest hurdle, according to Williams, was helping the school officials understand the difference between Intermountain's Day Treatment program and a program already in the school called Comprehensive School and Community Treatment (CSCT). CSCT is a more commonly known program that provides services to kids in the general education classroom, while Intermountain's Day Treatment is a self-contained setting where services are provided throughout the child's school day rather than sporadically.

Jensen stresses the need for early intervention for children struggling with emotional distress and other issues that not only interfere with their ability to learn but also with their ability to cope with life. He makes note of the Flathead health study that demonstrates high rates of children drinking, using drugs, becoming pregnant, and contemplating suicide at a very early age. Jensen says, "Our children need to come first and schools need to be in the forefront of finding solutions."

#### Dear Friends:

In this issue of Fine Gold, you will hopefully get a glimpse of the extraordinary changes that are made possible through your support. Your shared passion for this mission of transforming the lives of kids - many of whom are in seemingly hopeless circumstances - is something that I am thankful for each and every day! If you haven't already heard, the opportunities before us to restore emotional health and provide safe environments for hurting children just got a little more difficult because of government cuts in funding. As you can imagine, many of the over 1,000 struggling children whom we serve each and every day are not only the most severely impacted by early childhood trauma, but they are also among the most economically impoverished. While this is sobering news, we have weathered storms of this nature many times over the last 108 years. As we enter the giving season, I urge you to prayerfully consider what you can do to help us weather this most recent challenge. Thank you for your heartfelt prayers and financial support, and may our collective efforts on behalf of these children and their families be richly blessed!

Sincerely,

Jim FitzGerald, Intermountain CEO

## **Camden's Story** YOUR HELP ALLOWS FAMILIES TO BUILD *TRUST*

Seven-year-old "Camden's" mom was highly abused throughout her life. In fact, horrific abuse goes back three or four generations in their family. Camden's mom is both hyper-protective and terrified of her children's emotions. She is desperate to protect them from anything negative, but is



unable to deal with the normal negative feelings that inevitably exist in her kids.

Camden has a "light up the world" smile, according to his Intermountain therapist. When he first came into therapy, he had one emotion that he was willing to express: happy. As he progressed in treatment though, he became willing to express other big emotions. He did this by hiding under his therapist's desk and building a fort of pillows around himself. His therapist would try to guess his emotion: Angry? Sad? Terrified? When the therapist got it right, Camden would burst out of his fort, sending the pillows flying.



At the same time that Camden was learning how to express emotions other than happy, his mom was doing the same. She was taking Intermountain's Circle of Security parenting class, learning to be "Bigger, Stronger, Wiser, and Kind" for her kids. In the past, her immediate reaction to her kids' strong feelings was anger. She's now learned how to talk to her kids instead of yell and scream. In a recent joint therapy session, Camden was able to sit in his mom's lap and just "be sad." It was a breakthrough for them both.

While it used to take almost an hour for Camden's therapist to get him to express his emotions, it now only takes a few minutes. At home things are better, too. Camden's older brother has returned to the home from inpatient therapy, and their mom is continuing to improve the way she reacts to her kids' strong emotions. She now has a steady job. She's terrified of failing, so she's tempted to quit, but she hasn't. **She's determined to break the cycle of generations of abuse in her family, and Intermountain is determined to help her succeed.** 

### **One Volunteer's Story** WHYILOVE *FESTIVAL OF TREES* by Sharon Witham, Funland Committee Chair

My entire family has been involved with the Festival of Trees and Intermountain for over ten years. While sometimes the event can seem overwhelming, the support from the community is faith renewing. It is truly magical to see multiple groups of volunteers who step up to perform and work the event. Some of these volunteer groups include students from local high schools who run the children's area, the Boy Scouts who help us clean and organize the trees for delivery on Sunday evening, Carroll College students who run the cookie booth, and steering committee volunteers who work year-long planning Festival of Trees.

Sometimes, as adults, we forget the true meaning of Christmas. We get caught up in the retail madness and frantic search for the perfect gift! Festival of Trees reminds us that Christmas isn't all about finding that perfect gift. Sure, the preparation for the Festival can be crazy - my house looks like Christmas exploded in it about a month before Festival! In the end, I wouldn't trade it for anything.

Each year, we look forward to seeing the faces of the



children as they delight in the beautiful trees. We relish hearing the joyful music from the choirs and watching the performers, both young and old, sharing their true gifts of time and caring to help each other. But, most importantly, we love remembering it's all for the children of Intermountain!

Every child deserves to have a magical Christmas - every child deserves to share in all the joy and love the Christmas season represents. Intermountain's Festival of Trees is truly what makes Christmas all it should be for my family and me!



Sharon Witham FOT Funland Chair 04| Fall 2017

Sharon Witham has served on the Festival of Trees Steering Committee for 11 years in various roles and spent numerous hours making Funland a magical experience. Sharon is the Training and Event Coordinator at Opportunity Bank of Montana and one of over 500 volunteers who help make this event Helena's unofficial kick-off to the Christmas season in Helena.



#### MEMORIAL GIFTS: January 1 - June 30, 2017

In Memory of: **Cindy Addison** From: Mr. and Mrs. Greg Holt **Craig Alexander** Dean and Mary Ann Alexander Andy "Bill" Aline Clayton and Joan Pearce **Dorothy Allen** Donna B. Alzheimer Norman and Sharon Haug Marlene Howard Mary L. Pourroy **Rev. Clifford Amdahl** Diane Amdahl Leonard N. Atkinson Delia A. Atkinson **Megan Bailey** Dave and Betty Melby **Dick Bandow** Beverly T. Rose **Richard D. Barker** Catherine E. Spiroff **Beverly Beglan** Milton and Jere Lee Gunderson **Gordon R. Bennett** Bob and Becky Tirrell **Mike Biggerstaff** Ardis J. Rice **Kevin Bock** Joyce M. Clemo David and Darlene McNay Kenneth R. Boggs Marlene Howard **Stella Breitmeier** Joseph and Lois Nemes

Duane and Linda Tangen **Cathy Brimhall** William and Joanne Reynolds **Ed Brittenham** Ted and Beulah Brittenham **Tim Brock** Susan C. Judge Leroy Cabral Betty J. Cabral **Richard & Jean Callies** Dave and Betty Melby **Robert C. Carlson** Ruth L. Reiquam **Gordon Childers Charles and Pat Phillips** John S. Chirgwin Frances Chirgwin Shellenberger **Richard H. Coe** Robert Redpath **Mary E. Collins** Fred S. Collins **Rubie Cox** Bonnie Lee Sharyl & Jonathan S. Crutcher Michael E. Crutcher Verla J. Dailev Steve R. Dailey **Clinton E. Degenhart** Coeur Alaska - Kensington Mine **Maria Del Mar Berron Camara** Scott and Gaby Chaney **Howard & Wilhma Delaney** Anonymous **James Dellwo** Anna Lee Erickson Ruth L. Reiquam

••• One generation plants the trees; another gets the shade.

Chinese proverb

Susan K. Depner Kenneth E. Depner **Judith DeYoung Bette Bedey Edward Dugan** Joseph and Lois Nemes **Forest & Margaret Farris** Bill and Marilyn Johnson **Al Feller** Debra and Nate Simmons **Richard Ferries** Raymond and Susan Watson Ellen "Bessie" Fleming John and Linda Carpita J.A. Fussell, Jr. Alice Lium Jon Getchell Gloria Helgeson **Mary Gormley** Fay and Georgia Buck Ruth L. Reiquam **Agnes M. Gustafson** Neil and Lorraine Graham **George and Myrtle Hallett** Mary L. Smith **Alberta Haltom** Tim and Carol Gill Adelaide Haraden Robert C. Haraden **Judy Harding** Jock and Barb Palmquist **George Harper** Fred S. Collins **Joanna Hastings** Dave and Kathy Gebhardt **Jim Hawley** Ron and Dee Incoronato **Rev. Hugh S. Herbert** Fred S. Collins Douglas and Verle Johnson William and Joanne Reynolds **Ted Herbert** Ruth L. Reiquam 05 Fall 2017

### MEMORIAL GIFTS: January 1 - June 30, 2017

**LeRoy Holshue** Darrell and Sharon Vallance Janelle Ron Hanson **George Johnson** Alexander and Ila Malakhoff Kenneth A. Johnson Henry and Erma Badt **Kevin Johnson** Bill and Marilyn Johnson **Shirley Zier Johnson** Howard and Janece Johnson Scott Kane Bob and JoAnn Weststeyn William Kliber Fred S. Collins Lynn Kramer Catherine E. Spiroff Margit Kretschman Ruth L. Reiquam **Joyce Lambert** Joe and Janice Wetherington **Robert Lamphere** Martha Lamphere **Rev. Tom Lane** Sharon A. Smith Sandra S. Lange Norman and Sharon Haug Mary L. Pourroy Ruth L. Reiquam **Toni Laurendeau** Beth Morgenstern **Jane Lopp** Ron and Dee Incoronato Louis Lund **Barbee Buchanan** Jeanie Lyons Gordon and Joyce Kammerzell **Bette MacGilvra** Gloria Schultz **Blanche Madsen** Ted and Beulah Brittenham 06 Fall 2017

United Christian Church of Miles City **Dorothy Marberg** Richard D. Marberg **Janet McConville** Gerry M. Souhrada **Dan McKinney** Ron and Dee Incoronato John and Beulah Melby Dave and Betty Melby LaMont J. Meuwissen Susan C. Judge Kenneth and Sharon Moen **Connie Miller** Susan C. Judge **Robert & Elva Miller** Patricia G. Cobb **Anne Mohar** Joseph and Lois Nemes **Dale Mowan** Alden and Adeline Joscelyn **Don Murray** Joseph and Lois Nemes **Christine Near** Joyce M. Clemo Joseph A. Nemes Kermit and Yolanda Johnson Arthur Patera **Beth H. Nicholls Phyllis Halmes** Lynn and Rosemary Peters Neill and Patti Sweeney Marvin Northcutt, Sr. Father's Day Marvin and Glenda Northcutt **Bobbie Obenauer** Michael Obenauer Mary Ellen Bushnell Dale, Debra and Tim Parson Roberta and James Satterlee Carol Seibel Craig, Linda and John Larsen Erma Krein Bill and Betty Gustafson



Roger F. and Fae Rieger Virginia and Tommy Just Kathleen Just Esther K. Fraser **Audrey Omholt Denise Feller** Wally Patefield **Deloris** Patefield **Maxine Patek** Will and Sharon Loveall Jane Pehrson Joseph and Lois Nemes **Pemble Family** Fay L. Pemble **Euny Penrod** Tim and Gigi Lanham and Sunrise FOT Committee **Curtis Peterson** Sharon Chase **A. Rae Womble Price** Stacey Wyant Jerre Pugh Martin and Nadine Mutch Edwin L. Stickney **Patricia Puhl** Loy Chvilicek **Maggie Reimer** Ruth L. Reiquam

#### MEMORIAL GIFTS: January 1 - June 30, 2017

**Joanne Reynolds** Martha B. Anderson Greg and Doreen Beach Jean F. Bynum Rebecca E. Bynum Ethel Byrnes Christopher M. Comer and Linda Gazzola Dolores J. Criswell Jon and Karen Driessen Edwin and Joyce Eck Leif and Carole Erickson Evelyn L. Fozzard Joe and Heidi Fritz Gary and Vicki Gallagher Douglas and Gael Harris Ron and Dee Incoronato T. Ray and Marjorie Jacobs Steve and Autumn Keller Dan and Sophie Lambros Walter and Barbara McDonald Kay Norum Jeff Poole Jim and Carrie Reynolds Ty Robinson Alice F. Roemer George L. Sherry John and Susan Talbot Corinne C. Tribe Patrick and Rose Watson Warren and Betsy Wilcox **Charles Rice** Ardis J. Rice Francis H. Rice Jereen Rice Harlen Richardson Father's Day Marvin and Glenda Northcutt **Taylor Rose** Beverly T. Rose **Darlene Russell** Ken and Valeria Van Rooy **Aileen Sather** James Sather

**Jacqueline Sather** James Sather Mary H. Schultz Alan and Susan Forkner **Fred and Loretta Schwartz** Quentin and Sally Schwartz **Kurt Schweitzer** Patricia Schweitzer **JoAn Scothorn Charline Siphers** Ward A. Shanahan Bert and Peggy Guthrie Wallie Shiller Fred and Libby Chaney **Esther Shoquist** Ruth L. Reiquam Lucile Silzly Gloria Helgeson **Baby Johnny Simmons** John and Agnes Simmons **Eva Smith** Melva R. Brandewie Mabel I. Sorenson Jim and Mavis Weiler **Emanuel F. States** Milton and Jere Lee Gunderson **Ken Stelzmiller** Margret Sovig Jerry Stoick Stan and Ann Stephens **Burt and Lee L. Talcott** Warren and Gerri Taylor **Thomas G. Thode** James and Shelley Nelson **Karla Thronson** John and Sydney Clark Victoria Tronstad Stan and Ann Stephens **Ella Turco** Neil and Carol Eliason Les Turner Alta Mae Buford-Cox and Ralph Cox



Dr. & Mrs. V. O. Ungherini Elizabeth U. Downs Johanna Wallace Robert J. Wallace Mrs. JaNohn Wasser Duane and Linda Tangen **Mignon Waterman** Anonymous **Becky Watkins** Blake Mackin **Delores Weber** Milton and Jere Lee Gunderson **Claudia Wedum Peck** Ruth L. Reiquam Fritz B. Weed Terry and Carol Ann Dagenais **Meriam Wellman** Wilbert W. Graf **Robert C. Werle** Marlvs S. Werle **Bob Wix** Kenneth E. Bratney **Bob and Anne Wix** Linney Wix **David Worley** Judith Worley **Dick Wortman** Glenna Wortman-Obie and Jim Obie **Robert Zinngrabe** Earl and Linda Bates

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#### HONOR GIFTS: January 1 - June 30, 2017

In Honor of: Pastor Kathleen Aasheim of St. **Paul Lutheran Church** From: Loren and Nancy Sasser **Ted and Deb Barkley** Raymond and Susan Watson **Don and Gloria Bedker** Tim and Gigi Lanham Sarah Nettleton Family Larry Beebe Sheila B. Sanders **Katelyn Black** Valley Bank of Helena **Kristi Carlson** Mary W. Meng **Frank Cooper** Al and Alicia Tuck Cort Cindy Thiel FM & Nancy Davidson **Randall Daughtry Pastor Lee Disney** John S. and Mildred White Wes & Anna Dixon Judy W. Dixon **Eddie & Joanne George** Eddie B. George **George Goodrich** Gwen Allmon **Marci Herriford** Amy Patek **Intermountain Children** United Methodist Church of Harlem **Marcia Johnson** Valley Bank of Helena Vicki Johnson Douglas and Verle Johnson Sarah Kelley Valley Bank of Helena **Damara King** Valley Bank of Helena **Christie Long** 

Intermountain's first ever Occupational Therapy camp held at our Community Service Center on Dredge Drive in Helena was a huge success this summer. Directed by Lisa Sommers, Certified OT Assistant, 38 children joined in the skill and confidence building fun!

Grady and Sonja Rountree Marshall "Dud" & Jo Mahler Christie and Tom Long **Stephanie Davies Martin** Anonymous **Minde Meng** Mary W. Meng **Duane Mellinger Deloris** Patefield Pastor John Nadasi & Family Milton and Jere Lee Gunderson **Marianne Niesen** Anonymous Crystal Amundson Marsha Anson Frank Cannon Loy Chvilicek Lora Cowee Katherine R. Curtis Matthew A. Dale Victoria R. Dee Dee Incoronato Susan C. Judge George and Carol Karres

Rhudell F. Miller Glenna Wortman-Obie William A. Reynolds Pamela C. Schapper Nancy Trudell John N. Watson Marvin A. Northcutt, Sr. Glenda and Marvin A. Northcutt **Diana Schneider** Gwen Allmon **Eleanor Shea** Anne and Stan Wilmoth **Donna Vandenacre** Steve and Shellie Mellinger Lon and Mara Veveris Carrier Luena F. Lent John and Ruth Watson Roger and Toni Larson **Rick and Ann Watson** Raymond and Sarah Watson G. O. Woodlief Lynn Williams **Ember L. Woods** Autumn Keller

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#### NEW HORIZONS

#### Those Who Have Created Legacy Gifts on Behalf of Intermountain

Anonymous Gerry and Nancy Allen Warren Tressler "Tress" Allen\* Phyllis Anderson Elizabeth Armitage\* Greg and Kathy Barkus Earl and Linda Bates Jean Baucus\* Honorable Gordon Bennett\* and Norma Tirrell Annabelle Berthelote\* Kathryn B. Bestwick\* Paul and Amy Blavin Glenn Brackett and Christine Lambert Ken and Ann\* Bratney Steve and Judy Browning Frank and Jeanne\* Cannon Forrest and Virginia Carhartt Peter and Mary Carparelli Terry and Katrina Chaney Flora Coghlan Mary\* and Fred Collins Ed \* and Bonnie Conrad Shari Copenhaver Twila and Bryan Costigan Lora and Jeff Cowee Millicent and Percival Cox\* Dave Creamer Charles and Anna Creon\* Bill and Ivy Crivello Matthew A. Dale Cody and Michelle Danielson Dick and Martha Davidson Dorothy Davis\* Jean A. Davis Michael and Marsha Davis Rev. Su DeBree Kori and Steve Dee Ralph and Pat Dixon\* Sarah Dockstader\* Walter Dodd\* Eve Donegon\* Janet Drexel Duane and Gail\* Eberhardt Ken and Liz Eden Margaret Engberg\* Daniel Fiehrer, D.D.S. and MaryAnn Fiehrer Carl B. Field\* Truxton Fisher\*

Jim and Joan FitzGerald Dale Forbes\* Kyle K. Fossum\* Joe and Linda Franchini Franchini Family Foundation Marie Fraser\* Pat and Gary Freebury Gary and Vicki Gallagher Todd and Sue Garrison Marian Geil Robert H. Geisler Bob and Peggy Gentry Robert K. Gerloff, M.D.\* Rev. Rae and Grace Ginther\* Montana Gipe\* Alistair and Elizabeth Graham\* David and DeAnna Graves Katie Greig\* **Richard Haedt** Lyle Hamilton and Rev. Marianne Niesen Hal and Janet Harper Harley R. Harris Dwight and Beth Harshman\* Bernice Hendrickson\* Elsie M. Hester\* Etta Higgins\* Bernita W. Hoellein\* Howard Holtan\* Marilyn T. Hudson Dee and Ron Incoronato **Deborah Jones** Robert and Shirley Jorgensen, Jr. Helen F. Kaiser\* Mildred M. Keene\* Guy and Toni Laurendeau\* **Darlene** Leichtfuss Louise P. Leuthold\* Maggie and Gary Long Virginia Macumber\* Maureen and V.J. Maddio Fay McDonald\* Andy and Anne Miller **Douglas E. Mills** Jean Mills\* Bernice S. Mitchell\* Jerry and Pat Molen Mary Munger Alan and Nancy Nicholson Mary and Arne Nousanen\*

Glenna Wortman-Obie and Jim Obie Chris and Natasha Ostrem Alice Ayers Schmidt Otten\* Don and Mary Patterson Stephen and Bettina Patyk Jean Paulson Fay and Audrey\* Pemble Chery Porten\* Virginia Pressley\* Margaret E. Proctor\* Rev. John and Jerre\* Pugh Robert and Jeannie Pyfer Joe Ramirez Eileen Rasmussen\* William and Joanne\* Reynolds Barbara L. Rice\* Frank Ritter **Phyllis Roberts** Sue and Perry Roberts Madeline M. Roeseler\* Louisa Rothfus\* Hallie B. Rugheimer Edith Schafrath\* Don and Pam Schapper Irene Schmid Robert Schurr George L. Sherry Verna L. Smith\* Edwin and Jessica\* Stickney Suzanne L. Stilwell Elaine Stone\* Dean\* and Donna Strand Leroy Strand\* Barbara and Dean Swank Michael and Janna Taylor Thomas Thode\* and Jo Ann Wright Rick and Colleen Thompson Ann and Howard Tracht\* Sidney Turnquist John and Ruth Watson **Rita Whiteman** Paul and Betty Whiting Elizabeth Wick\* Betsy and Warren Wilcox Doris W. Wood\* Bill\* and Donna Yaeger Ralph and Anne Yaeger Jack Yardley\* Francie Zimmer \*Deceased

## **Board of Directors** INTERMOUNTAIN BOARD GETS NEW LEADERSHIP

Intermountain Children's Services statewide Board of Directors met recently to elect new leadership for the next two years. Outgoing President, Rev. Marianne Niesen of Helena, passed the gavel to the new Chief Governance Officer and President of the Board, Pam Schapper of Whitefish. Schapper has been on the Board since 2008.

John Watson of Great Falls will serve his second appointment on the track for the Board President office. Watson was formerly President from 2011-2013. Rev. Cathy Barker of Helena took office as the Board Secretary.



New to the Board are Jim Lawrence, Helena, and Dr. Michael Priddy, Missoula. Retiring members, Matthew Dale of Helena, and Dr. Bill Reynolds of Missoula, were honored for their many years of service and dedication to the mission and to the children Intermountain serves. Both will continue as Emeritus members and maintain their close relationship with the organization. Rev. Carol Karres, Great Falls, was also honored as she leaves the Board to retire with her husband. Carol broke ground on the Board as the first appointed representative of the Evangelical Lutheran Church in America.

Board members are geographically diverse and strong community leaders. The Board allocates the majority of its seats to Intermountain's four supporting denominations: United Methodist Church, Presbyterian Church (USA), United Church of Christ, and the Evangelical Lutheran Church in America.



**2017 Board of Directors:** Pam Schapper -President, Whitefish; John Watson - President Elect, Great Falls; Rev. Marianne Niesen - Past President, Helena; Kori Dee - Secretary, Helena; Crystal Amundson, Billings; Marsha Anson, Polson; Rev. Cathy Barker, Helena; Rev. JP Carlson, Bozeman; Frank Cannon, Helena; Linda Cladis, Billings; Katherine Curtis, Whitefish; Mike Hudson, Hamilton; Carol Karres, Great Falls; Jim Lawrence, Clancy; Robert Lopp, Kalispell; Don Patterson, Bigfork; Dr. Michael Priddy, Missoula; Nancy Staigmiller, Absarokee; Nancy Trudell, Helena.

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# **Summer Program** EXPERIENCING *FIRSTS*

Intermountain's Summer Program allows kids to continue the work they had been doing in their schoolbased programs into the summer months. One of the most important things the program does is give kids "normative childhood experiences," says Daniel Champer, Intermountain's Director of School Based Services. He calls them "firsts."

For eight-year-old "Amber," it was eating her first ice cream cone. "I'll never forget the smile on her face," the Intermountain therapist says. Amber ordered three scoops in three different flavors: chocolate with red hots, bubblegum, and coffee. It couldn't have tasted very good together, but she ate every bite and she "probably said thank you 150 times." Eating an ice cream cone on a summer day is something most of us take for granted, but for Amber, who had been placed in eight different homes in the same number of years, it was a "first" and will hopefully be a good memory she'll always have with her.

The "first" for Tucker, Bill, and James was learning to trust an adult male in a stressful situation. The group had traveled to Lewis and Clark Caverns for the day. They came to the part in the tour where the guide turned off the lights. The boys were terrified, their Intermountain therapist says. "They all wanted to hold my hand," he says, "but there were three of them. I didn't have enough hands!" So, with two in hand and one clutching his elbow, the therapist and the three boys completed the tour of the caverns. The boys learned that it was possible to trust an adult man and have him come through for them. "It was a corrective relationship experience," the therapist says, "showing them that not all men are bad."

#### "The Brain Behind The Behavior": A ChildWise Seminar

It doesn't take a brain scientist to tell you that adolescents can be frustrating! A teen's life is shaped by factors such as family, friends, school, and communities. But there are also powerful neurological issues at play. What can we do to reduce the danger? Neuroscience has made great strides in shedding light on the changes occurring in a teenager's brain and why

CHILDWISE

they behave the way they do.

On September 28th and 29th, 2017, ChildWise Institute is presenting "The Brain Behind the Behavior", featuring both

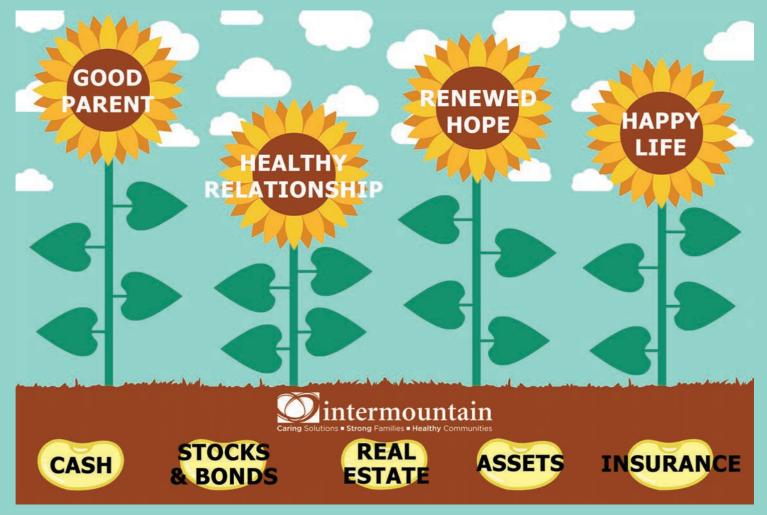
national and Montana-based experts. Keynote speakers include Judy Cameron, Ph.D., a professor of psychiatry and neuroscience at the University of Pittsburgh, and Delaney Ruston, M.D., mother of two and creator of the award winning documentary SCREENAGERS, which will also be viewed at the Summit. Breakout sessions will be provided on top issues Montana's teens are facing every day: Substance Use; Suicide, Self-harm, and Mental Wellness.

eakers chiatry and Delaney ward vill also be provided by: behind the **Behavior** 

#### The Bountiful Harvest We See From the Seeds You Plant

Among the benefits of working for Intermountain is the opportunity to reconnect with former clients. There is a theme to many of their stories. An example is Deanna. She is only 25, but she has a wisdom that is beyond her years. When she talks about her painful past, you feel the weight of her sadness. You can see it in her eyes and her posture, and you can hear it in her quiet, monotone voice. She candidly acknowledges that every single day she still struggles to shake the vivid memories from her traumatic childhood.

When the conversation turns to her sandy haired, three-year old son Brandon, Deanna is transformed. She leans forward in her chair, her eyes light up, and in an animated, confident voice, she proudly says, "I am a good parent!" Intermountain helped Deanna let go of her anger at her mother. "I was so angry at her for what she did to me and what she let others do to me. But I realize now that she did the best she could. Her childhood experience was even worse than my own. I'm lucky because I got help!"



Intermountain also helped her to learn to trust again. Deanna says, "Because of Intermountain, I'm able to be there for my son in a way that my mom was not able to be there for me. And (here is an example of Deanna's precocious wisdom) my son will likely – prayerfully – be an even better parent for his kids than I have been for him." Thanks to gracious gifts from folks like you, adversity is not destiny! The positive change in lives like Deanna's are like fruitful seeds that are planted and grow incrementally from generation to generation.

You can plant fruitful seeds today by including Intermountain in your estate plans or creating a life income gift. There are a host of options, and we have a team of friendly, qualified experts who would be delighted to help you find the option that is the best fit for your circumstances.

> If Intermountain can be of service in any way, please call us (406) 457-4804. Learn more at intermountain.giftlegacy.com