

Intermountain Development

500 S Lamborn St ■ Helena, MT 59601

intermountain Caring Solutions ■ Strong Families ■ Healthy Communities (406) 457-4804 **■** intermountain.org

Charlie Sunk My Battleship

For some kids, it's not always easy to "just be yourself."

Like every child who comes to Intermountain, Charlie had no idea what he was getting into when he found himself in one of our cottages at 10 years old. He had been adopted as a young boy, and to this day, his adoptive family has no idea what happened in his early life that caused him to struggle so much.

His primary reaction when he arrived at Intermountain is what's known as Selective Mutism. Selective Mutism is an anxiety disorder that affects communication. Children with this condition may be able to speak in some situations and not in others. The behavior is an involuntary response to stress, rather than a choice. Charlie's experience of SM was significant - days could go by without him uttering a single word if he didn't feel safe or comfortable.



I had the privilege of forming an attachment with Charlie during my days volunteering in the cottages to hang out with the kids and cook them dinner occasionally. His favorite game was Battleship and we played it often. It's one of the few games that is somewhat easy to play non-verbally. Charlie would write down "B5" on a notecard and show it to me, and I would respond "hit" or "miss." This mischievous and non-verbal, albeit wonderful and creative 10-year-old beat me in Battleship, without uttering a word, four times in a row. The most frustrating part was that I could see over the game board, and he still beat me! He hadn't spoken in three days, but he looked up and simply stated, "Tyler, you are without doubt the worst Battleship player I've ever met."

This little moment was about confidence. A confidence he never had but was able to find through our nationally renowned Residential Treatment Program. His counselors never gave up, and a short six months later, he played a guitar solo and sang in front of 300 strangers at an event at our Festival of Trees.

Much like Charlie's counselors, you, our supporters, give us confidence. Confidence that we will always be able to count on you. Thank you for your ongoing dedication to our mission of Healing Through Healthy Relationships. I thoroughly hope you enjoy the contents of this Fine Gold.

Tyler Zimmer

Director of Development

Meet Gary Larcenaire

Dear Friends of Intermountain,

It is with great excitement that I introduce our new Interim CEO Gary Larcenaire who has been chosen to lead the mission of Intermountain.

Gary brings many gifts and talents to Intermountain, including over thirty years of experience at every imaginable level of behavioral health care. He is intimately aware of some unique opportunities, as well as some hardships and challenges, that we and other behavioral health care providers face, and has a demonstrated ability to relate to the needs, stresses, dreams, and hopes of our faithful staff.

Our board of directors and staff leadership team were instrumental in recommending Gary based on their consensus that he possesses the gifts and talents to lead Intermountain at this point in our history.

Since joining us earlier this spring, Gary has already proven himself to be a visionary and engaged leader. He has crossed the state several times,

visiting Billings, Bozeman, Missoula, and Kalispell, as he comes to understand the inner workings and partnerships that are vital to Intermountain. While he is based in Helena much of the time, he eagerly embraces every opportunity to meet in person and provide support and guidance where he is needed.

I hope you will join me in welcoming Gary to the Intermountain fold. We are truly blessed to have him leading Intermountain and look forward to his vision for an even better tomorrow.

With grace and peace,
Tim Lanham
Intermountain Board Chair



A NOTE FROM GARY:

I'm proud, and quite humbled, to be chosen by the Board to help guide this historic organization. During my short time here, I can sense that the DNA of Intermountain is inspirational and very positive for our clients. I have been impressed by the level of competency and commitment to our mission and core values at all levels of this amazing organization. It's encouraging to have so many people believing in and supporting the work we do. Thank you for your dedication to the Intermountain mission!

How We Grew in 2022

FSN Joined Intermountain

We kicked off 2022 by strengthening and solidifying our partnership with Family Support Network (FSN) in Billings.

Over the past several years, the relationship between the two agencies has evolved. At first, Intermountain provided accounting services for FSN. Then, in early 2022, a merger was completed, enhancing the abilities of both organizations to increase positive outcomes for children and families.

"The partnership not only consolidates administrative efforts, it allows Family Support Network the opportunity to work together with Intermountain on delivering additional needed services to children and families," said FSN Executive Director Shawn Byrne, MSW.



FSN Direct Care Staff

FSN was developed over 28 years ago, born out of a commitment to ensure that young people in the child welfare

system can see their families in a safe and nurturing environment. FSN provides home visitation services, supervised parenting times, and parent education classes. Through the partnership with Intermountain, mental health services were added.

"Intermountain's developmental relational model, which focuses on addressing disruptions to a child's development and healing through healthy, supportive relationships, will absolutely benefit the children and families Family Support Network serves," Byrne said.

The partnership furthers Intermountain's mission of "healing through healthy relationships."

Adult Services Added to Help All Members of the Family

In response to the growing need for mental health services in our communities, we expanded our programs to add adult services in communities throughout Montana.

While we have long been known as a pioneer in mental and behavioral health care for children and adolescents, we realized that to better serve our young clients, we need to help the adults in their lives as well.

This year we added services to meet the growing needs of the adult populations in the communities we serve, including Helena, Bozeman, Billings, and the Flathead Valley.

We now offer adult and family counseling, psychiatry, case management, and medication management.

The foundation of our developmental relational model was used when planning these new services. We use a relationship-based approach and client-centered treatment solutions that are individualized to meet the needs across a person's lifespan. We know that healthy connection is a catalyst to change, growth, and a sense of collaboration.

Telehealth Connects People Across Montana

We have seen a greater need in recent years for online services. This year, we met that need by adding four telehealth therapists to our team.

This helped to connect children, adolescents, adults, and entire families to services they need no matter where they live.

Our supported telehealth model takes this service one step further by providing space and support for clients who would like to come into the office. Clients can choose to either meet with a therapist on their home computer or come to the Intermountain office where our staff will set them up with the equipment they need in a comfortable, confidential setting.

If clients require additional services, their therapist can refer them to a case manager, occupational therapist, or other Intermountain provider in their area.

As always, we are committed to supporting the evolving needs of our communities.





A LOOK BACK AT 2022

For us, success isn't just measured by dollars raised. It is marked by the little things that happen here each day.



1,500

Eggs stuffed for the Intermountain Residential Easter egg hunt

Daddling around lakes

All this plus countless crafts created by little hands

S'mores assemble

consumed at Festival of Trees

Hours love to Internative to

Giant tub of clay received after a field trip to the Archie Bray Foundation for the







Memorial

Gifts received between October 1st, 2022 & April 30th, 2023

* indicates that donor/honoree is deceased

All the Children

United Methodist Church, Harlem

Cindy Amundson

Ken Ronish and Sandi Smith

Christopher Armstrong

Ken and Valeria Van Rooy

Leonard Atkinson

Delia A. Atkinson

Donna Baldry

Sheila Oie

Ann Barnard

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Municipal Reseach and Service Center

...Cl 1

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Alta Mae Buford-Cox

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Bob Passow

Terry Dagenais

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Yvonne Foy

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Chuck Gardner

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Brian Graham

Katie Spiroff

David Green

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Shirley Hall

Lyle Hamilton

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Michael William Johnson

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Nils, Evelyn, Jimmy, and Yu Kim Tom Hom and Joanne Rosok

Robert Lamphere

Joyce Enlow-Lamphere

Lucile Latimer

Carol Eliason

Virginia Landers

Rick and Ginger Blevins

Georgia "Gigi" Lanham

Georgia Gigi Laiina

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Maribeth Doan

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Betty Callies-Melby

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Nancy O'Brien

Jan O'Connell

Marilyn Carlin

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Olive Passmore

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Forrest City High School - Class

of 1966

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Lisa Gulbranson

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Wes Ries

Peggy Gentry

Don Romo

Wayne and Linda Andrews

Dennis Roubinek

Shari Roubinek

continued on page 10

Memorial

continued from previous page

Mary Schultz

Susan Forkner

Eleanor Shea

Stan and Anne Wilmoth

Ken Shearer

Darrell and Sharon Vallance

Dawson Sheridan

Patrick and Cathy Schwenk

Franklin Shettel

Frances Hawks

Ralph Shettel

Frances Hawks

Jerry Shields

Barbara Downs

Everett Shrader

Cynthia Shrader

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David and Colleen Simkins

Baby Johnny Simmons

Agnes Simmons

Debra Feller Simmons

Denise Feller

Amy M. Smee

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Pat Smith

Susan Watson

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Butch Stewart

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Kristine Stimatz

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Jim Woods

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Judith Worley

Honor

Gifts received between October 1st, 2022 & April 30th, 2023

* indicates that donor/honoree is deceased

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Betsy Wilcox Ruth Fellowship, First United

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Intermountain Development

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"Take as little as five minutes to be part of Intermountain's healing work . . . forever!"

You can make a legacy gift that will sustain your support for vulnerable children in perpetuity. It's so easy...

• A simple bequest to Intermountain.

Including Intermountain in your will can be accomplished by instructing your attorney to add a bequest. If you already have a will, you can direct your attorney to prepare a codicil.

Make Hope & Healing part of your legacy...

- List Intermountain as a beneficiary of a savings plan, retirement plan, life insurance policy, or real estate.
 - Designating assets to Intermountain upon death can be accomplished in just minutes and, in many situations, at no cost to you.
- These giving vehicles share a common benefit:

 None require an immediate contribution of incomegenerating assets that you may need during your lifetime.



For more information, contact Intermountain's Planned Giving Office at 406.457.4804 or terryc@intermountain.org.

Visit intermountain.giftlegacy.com for your free planning guide.

