

#### **Intermountain Development**

500 S. Lamborn Helena, MT 59601 (406) 457-4804 **•** intermountain.org



### A Letter from Our Board President

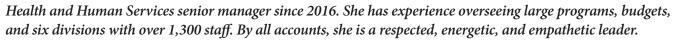
Friends.

Allow me to introduce myself, my name is Bob Lopp, and I have just begun my first term as Board President. I have been on Intermountain's Board for eight years and am deeply honored to serve this wonderful organization. Intermountain first came into our family's life over 40 years ago when my father and mother made their first financial contribution to Intermountain, and I expect that commitment

to continue with the next generation, as well!

Serving on Intermountain's Board is one of the highlights of my life. I have been involved in philanthropic work since my youth and have volunteered for many great organizations and causes, but Intermountain stands apart. At Intermountain, we have a critical mission to support the children in our communities and our society. This difficult work requires a special team with dedication and personal commitment and the skills and professional pride to deliver the highest quality care. It also demands the quality of leadership that Jim FitzGerald has provided for so many years.

As you may be aware, we have been planning for Jim's transition for some time. After a thorough and careful search effort, it is with great pleasure that I can announce that Intermountain's Board has selected Laura Weiss Smith to be its next CEO. Laura has many professional qualifications that equip her to be a great leader for Intermountain. She is an attorney and has served as a Department of



In her experience, Laura had direct interactions with the Medicaid system, both recent Governors, and key public health and child welfare personnel across the state, as well as those in the justice system. She has skillfully worked with media, politicians, reporters, and the public. Most importantly, Laura's career has been dedicated to fighting for children and developing programs that improve their lives - the core of our mission.

For those of you who know Intermountain's current CEO, Jim FitzGerald, let me also reassure you that his commitment to the organization remains as high as it's ever been. His tenure is the foundation upon which Laura's will be built. And unsurprisingly, Jim has committed to us that his support will be steadfast throughout the leadership transition and beyond.

Intermountain staff members are incredible and remain tireless in their efforts to do the hard work of meeting children and families where they are. The stories contained within the following pages demonstrate that this is not only true today, but has been true across generations of work.

Thank you for your continued support of Intermountain's work. The needs grow ever greater, and we are privileged to be able to count on our many friends and supporters.

Please enjoy the contents of this issue, and if you have any questions for me, please reach out to Leah Brown at leahb@intermountain.org.

Bob Lopp, Intermountain Board President

### Intermountain's Wish List

When you purchase an item from our Wish List, you give a gift that makes a direct and tangible difference for our kids. Here are few ways you can help:

A bean bag chair with a washable cover makes a comfy spot for a child during a session with their therapist.





Activity passes to the movie theatre, bowling alley, trampoline park, or climbing gym provide a cottage with a fun indoor activity through the especially cold winter days.

A selection of new toys on hand in our Treasure Chest allows our staff and kids to choose gifts for others on their special days.





Stress balls, hand fidgets, and oral sensory chews help the children in our therapeutic education programs remain calm and focused on the task at hand.

Items like board games, craft supplies, individually wrapped snacks, and gift cards are always in high demand!

For the full list of items, please visit intermountain.org/waystogive/wishlist.

With Christmas around the corner, you might be interested in providing gifts for a child or even a cottage. Please contact Teresa at (406) 457-4804 or teresam@intermountain.org if you would like to make that happen.



Support our children with Amazon.smile.com! Select Intermountain Children's Home as your favorite charity and AmazonSmile Foundation will donate .5% of your purchase price back to Intermountain. It's so easy and adds up quickly!

### Intermountain is Always There

A lot of people ask the staff of Intermountain's School Based programs, "What happens to the kids when school is out?"

We work hard at Intermountain to make sure the children we work with are taken care of year-round. It's why we created our "Summer Program," as it ensures a stable continuum of care.

And it's why Ray, our staff member highlighted on the next page, sat down to talk with our team – read on to learn how your dollars help fund this extra support.

**QUESTION:** So, Ray, what's a day in Summer Program like?

RAY: Well, our staff start by picking up kids around the school district they work in. In some cases, if we don't provide transportation, the children we work with won't be able to come, so this is a critical part of the day. In fact, it might be the most critical! If the kids aren't there, we can't really do much!

Once we have them at school, though, we start with a nutritious breakfast to make sure they have the energy and focus needed to do therapeutic work. We then do a group checkin to make sure they learn proper social skills, like being part of a group, learning how to listen, and learning how to relate to and manage relationships with adults.

## THERAPEUTIC EDUCATION SERVICES -

431 students have been served in schools.

#### **EMPLOYEE COUNT -**

206 (more than 10% of staff have been here more than 10 years)

We then do some form of play activity or group activity that aims to get every child involved. This is usually the more "play focused" part of the day to make sure they have a normal experience for their age group. By this point they can be pretty tired, so we try to let them wind down over lunch and get recharged for the remaining activities.

After lunch we do one more group activity and then we drop them off for the day.

**QUESTION:** Wow, that seems like a full day! Is there anything our donors might find interesting about any particular part of the day?

RAY: One completely underrated aspect of the Summer Program is the transition from an individual setting to a group setting. During the school year, our therapists work with kids one on one, and the key relationship is between the staff and the student. Having the group setting, it is as much about the relationships between students, as it is between the staff.

Oh, and one other thing, people underestimate the value of providing transportation. It allows our staff to get a really candid look into what is going on in a child's homelife. This allows for more in-depth sessions with the kids, when needed.

QUESTION: OK, that makes sense! Do you have any stories of kids you have worked with over the years?

RAY: Oh, definitely. Too many to tell, actually. But I can give you a good one for this.

We worked with a high schooler named Jeremy who was kind of your typical stubborn sophomore. As a supervisor, I'm not there every day since I bounce around to a lot of schools, but when I was around, Jeremy would do everything he could to get under my skin. He one time got angry with me and exclaimed, "You aren't here every day, so I don't have to listen to you!" One time he even asked me "Why are you even here?" Clearly, Jeremy didn't trust adults. But, like happens with so many kids, something changed.

One day we were doing a group activity to explore vulnerabilities. We identified and discussed situations that make us uncomfortable, like speaking in front of a group or transferring to a school where you don't know anyone. Jeremy, being the hyper-visual teenager that he is, really got into the exercise.

The next day, my team went to the lake for a field trip. Jeremy had not communicated to us the day before that one of his greatest fears is water. But once at the lake, that fear became very obvious. He was visibly uncomfortable whenever he was near the water without an adult. Over the course of the day, Jeremy took baby steps in confronting his fear of the lake. I was alongside him each step of the way. By the end of our day, Jeremy made it all the way out to the end of the dock. From his perspective, it was a huge step and one that made him proud. And Jeremy's attitude towards me went from, "Who are you, why are you here?" to "I'm not going anywhere without you."

The situations our kids get put into, whatever the program, always have the goal of restoring a healthy relationship with adults. Jeremy trusted me that day, and while he still has work to do, it was nice to see him lean on a safe and stable support.

#### Ray Sebestyen Highlights:

- Time with Intermountain: almost 8 years total. 3 ½ years with residential and after a 5 year hiatus, becoming a repeat performer with currently 4 years and change with Therapeutic Education.
- Positions Held: Residential Counselor, Mental Health Specialist, and TES Staff Developer.
- From: San Diego, CA, but have lived in Montana for the last 21 years.
- Favorite Place to Travel to: Spring break is usually family vacation time. We recently traveled to St. Croix located in the Caribbean islands this past break.
- Education: Montana State University Bozeman, BS Sociology. Currently attending MSU-Northern for a Master's in school counseling.
- Favorite Hobbies: Boating activities, golfing with friends.
- Favorite Sports Team: Montana State Bobcats and Denver Broncos.
- Any Kids?: Two amazing and very active boys! Tytan is 13 and Reece is 10.
- Favorite Food: A juicy ribeye steak.
- Other Tidbits: I am a blessed man, married to an amazing woman. Her name is Kelli, and we will be celebrating 14 amazing years of marriage at the end of September, with many more to come.



# Influencers for Good: Past, Present, and Future

We make a living by what we get, we make a life by what we give.

~ Winston Churchill

While Pat and Charles Floyd were born and raised in the deep south, they spent the lion's share of their lives on the Hi-Line of Montana. They began dating while attending Furman University in South Carolina, and married in 1961. In 1962, Charles, Pat, and their one year old daughter, Penny, made the long trek to Havre, MT, where Charles had accepted a job with the Border Patrol.

"When Charlie's feet hit Montana soil, he was home," recalls Pat. "It took me a little longer to settle in... I really thought we

would be here a few years and then move back south. But Montana – and Havre in particular – grew on me over the years. It was the relationships with so many wonderful people that rooted us so deeply."

The Floyds rounded out their family with the addition of two more daughters – Nancy and Janet - in their first four years in Montana. Every year or so, they made trips back south to stay in touch with family and to sharpen their southern dialect.

Pat and Charles Floyd connected with Intermountain over two decades ago through their church, Van Orsdel United Methodist Church. Like many of Intermountain's most fervent advocates and generous supporters, Pat was a school teacher for over 20 years; she had long been aware of the significance and relevance of Intermountain in providing hope and healing for struggling children.

The level of the Floyd's engagement with Intermountain went to a much higher level in 2009 when Pat, and later Charles, agreed to serve on the Intermountain President's Council.

The Floyds served as model ambassadors for Intermountain, sharing the good news about the organization whenever and wherever they had opportunity. Because of their many relationships and connections to individuals and organizations, there were an abundance of opportunities! They frequently hosted Intermountain at their church and, on numerous occasions, their home, as well, to better inform their friends, church family, former work colleagues, and neighbors about Intermountain's mission and its importance to struggling children and families. Over the years, they traveled literally across the state to support various Intermountain events and programs and to keep abreast of the work. This continued even after Charles' mobility was impaired with Pulmonary Fibrosis. Sadly, Charles passed away in 2016 at the age of 81. It was a tremendous loss, especially for the community of Havre, his adopted home for over 50 years.

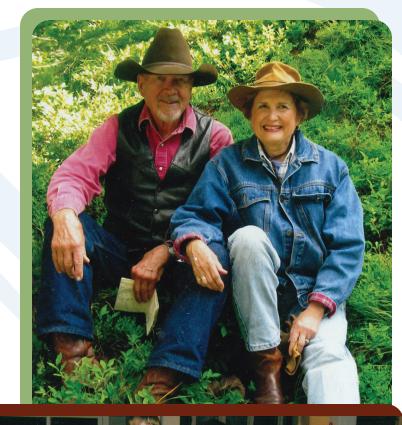
Before Charles died, Charles and Pat retained an experienced attorney to help them with their estate plans. They also made sure that their children were involved and informed as to their plans. Pat describes the experience as one that gave them peace of mind. Included in the estate are bequests to Intermountain and their church.

"My dad used to always say, we can't outgive God," explains Pat. "The more you give, the more it comes back to you in blessings. Charles and I experienced that throughout our lives; spiritual blessings that always seemed to flow in the wake of our giving. We always strived to be good stewards during our lives... we wanted to do the same with respect to any financial resources that might survive us."

In 2019, Pat made one of the most difficult decisions of her life; she decided to leave her beloved home and community of 53 years, in order to be closer to family in Missoula. And even that has turned out to be a rich blessing.

"I've been able to stay in touch with my friends in Havre; some have even traveled with me back to South Carolina on visits! And I've gotten to make new friends in Missoula and tell them about the good work of Intermountain."

Intermountain has been greatly honored to be the recipients of the many gifts – time, talent, and treasure – that the Floyds have bestowed over the years. Their collective impact is immeasurable and timeless!







### Parents' Reflections

Recently, we reached out to a number of parents that had a child in intensive residential care so we could glean their feedback on the subject of "stability" and how Intermountain helped their children and their families towards healing and wholeness through healthy relationships. (Note: IM is the Intermountain interviewer and the parents have been given fictitious names. This is a narrative drawn from five video conversations done between August 24-28, 2021.)

IM: First off, thank you for agreeing to talk with us and share about your experiences. I think we can all agree that the last eighteen months or so have been very chaotic and trying for everyone, let alone those families who have had a child in Intermountain's care or have had a child transition home after being in an intensive therapeutic environment. Who wants to go first in terms of diving into the subject of stability and where you were at before coming to Intermountain as a family?

DENNIS: I'll go first! Our son, now twelve, was just ten years old when we came to

#### 1,535 CLIENTS SERVED

(1,088 unduplicated) to date in 2021.

#### RESIDENTIAL -

45 children were residents of Intermountain's Residential Campuses to date in 2021.

WE PROVIDE SERVICES in 25 cities & towns.

Intermountain. Intermountain was a godsend. Our family, especially my wife Elaine, was totally enmeshed with our son's emotional disturbance. We all walked on eggshells waiting for the next eruption. Getting Alex, our son, to Intermountain, gave us a chance to breathe... then see where we had enabled bad behaviors based on our anxieties.

IM: I see some heads nodding... I take it that this sounds familiar?

SUSAN: Absolutely. That was my situation. I like to think of myself as a very capable, intelligent woman. I am a strong, independent single parent, right? And, suddenly, it seems, my cute little girl is this holy terror—and my confidence is totally shattered. She feels like a failure, I feel like a failure. All the books and therapies and advice from family, friends, and teachers. That just made it all feel even more overwhelming! Alaina has been home for three months now... we just celebrated her ninth birthday... and though I am still uncomfortable setting the boundaries and enforcing the limits we established while she was at Intermountain, it is SO much better.

IM: Cathy, you are awfully quiet... what are you thinking?

CATHY: I am just reflecting on how unstable our household was before Justin left for

Intermountain. We had been sucked down—all of us—into a deep well of depression. We had all gone through the same tragedy of losing someone close to us all, and we were spinning apart. Intermountain gave us the stability we needed so I could do my own work, find my own therapist, and dig down into how shame-based I was. Losing Justin's older brother just popped a lid off of a lot of unhealthy thinking, attitudes, and parenting I was doing because I was not in a healthy place.

IM: Thank you all for sharing. Besides
Intermountain giving you, as parents, a space
to find healing and a sense of boundaries or
stability, what are you most grateful for?

SUSAN: My connection to Intermountain is so important. It's been four years, and I am grateful for those relationships and lessons learned every day. It was a life-changing experience in so many ways... all the things we worked on and learned. It saved our family, 100%! It was so traumatic getting Alaina there and then letting go... it was a real journey that started with a lot of trauma.

DENNIS: I'll say that I am grateful for the opportunity to reassess my priorities as a parent. I was raised that the father was the breadwinner, and I had all my identity tied up into providing financially for my family, for Alex. But he was struggling, and I could see it. I tried to solve problems with material gifts and now I have learned that love is not indulgence. Alex needs me to be both strong and gentle, and I am still learning about empathy. I am grateful to Intermountain for teaching me that.

CATHY: Justin, his dad, and I still have our hard days. We are far from perfect. However,

Justin said something the other day that made me both sad and happy. He said, "Mom, I wish David (his older brother) had been able to

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go to a place like Intermountain. I think he really needed it." It made me sad because we won't have that opportunity with David, but it made me so happy to see that Justin realized the difference Intermountain made in his life and how he is now able to talk about his feelings. This is the stability our family needed. I am not sure we would have survived without it.

IM: That is incredibly touching, all of you. Thank you for sharing. We know it will continue to be a journey with various ups and downs along the way, but thank you for allowing Intermountain to be a part of that journey.



# Memorial

## Gifts received between April 1st, 2021 & August 31st, 2021

Tim Alzheimer

Donna B. Alzheimer

**Phil Archer** 

Donna B. Alzheimer

**Leonard Atkinson** 

**Delia Atkinson** 

Norris Bjork

Doris Bjork

Don Black and Patricia Scott Black

**Henry and Erma Badt** 

**Katharyn Bolland** 

**Denis Bolland** 

Gregg R. Carlson

Ruth Carlson

Theone "Toni" Christman

Donna B. Alzheimer Eva Anseth

Barbara Arensmeyer

Henry and Erma Badt

**Connie Bradley** 

John and Danetta Christman

**Marilyn Christman** 

John and Sydney Clark

**Cecil Cole** 

**Rodney and Caroline Cole** 

**Jonnie Conatser** 

**Jack and Audrey Cosper** 

**Charles Crane** 

Zales and Judy Davidson

**Ross and Lorran Depner** 

Lila Dunn

Carol Ekegren

**Bob and Coy Gray** 

Norman and Sharon Haug

Richard and Yvonne Jacobson

**Maisie Johnson** 

June Jordan

Norm and Judy Kamrud

**Roger and Carol Kelly** 

Ross and Susan Kesler and Family

**Gary and Barbara McManus** 

Randy and Jerri Morris

John and Karen Peebles

**Phyllis Perkins** 

J. D. and Linda Rice

**Dorothy Skelton** 

Geraldine Smith

**Benna Stansberry** 

**Jane Weber** 

**Arlene Woodahl** 

**Ardene Zion** 

#### **Fred and Mary Collins**

Lois Droegemeier Richard and Ruth Johnson Gina Eland

Roger and Judi Hall

**Trysten Fellers** 

Connie Bradley

**Aubrey and Nancy Fussell** 

**Niels and Alice Lium** 

**Kevin Gordon** 

**Anonymous** 

Dr. Donald and Dr. Jane Gumprecht

Ruth Carlson

**Rev. Lyle Hamilton** 

Carl Krueger and Kathie Niesen Ankit, Sharon, and Riaan Shah

George and Dorothy Harper

**Brian and Sharon Roat** 

Barbara Hernandez

Mary Ann Alexander

**Jayma Taylor Hines** 

Rita A. Williams

Clinton Hugh Jenks

Murrill and Lana Finch

Michael Heath Johnson

Michael and Sharon Johnson

Michael William Johnson

Michael and Sharon Johnson

Richard "Dick" Juvik

Rita A. Williams

Ray Konkle

Suzie Judge

**Robert Lamphere** 

Joyce Enlow-Lamphere

**Marie Lanford** 

**Shirley Hall and Tabby Morley** 

Orville and Sylvia Lanham

Tim and Gigi Lanham

**Gail Lewis** 

Frank Bedey Family

Helen Buker

**Christine Lindstrand** 

Anonymous

**Ken Lindstrand** 

Anonymous

Lillian Lund

Reed and Elaine Howald Helen Sheperd

**Carol Ann Moody** 

Rita A. Williams

Dick Moos

Harold and Jo Ann Farris

Iim Niesen

Lyle Hamilton\* and Marianne

Niesen

Jack Sr. and Carol Oberweiser

Jack Oberweiser

**Duane Darrell Parr** 

Robin Anlian

**Judykay Schofield** 

Kris Sveinson Linda Wulf

**Marlys Yvonne Paugh** 

Christopher and Joan Miller

**Members of the Pemble Family** 

Fay Pemble

**Lori Paul Pyeatt** 

**Fred Chaney** 

**Ruth Reiquam** 

Connie Bradley

John and Sydney Clark

Norman and Sharon Haug Pierce and Margie Mullen

Joanne Reynolds

Paul and Susan Ballinger

Dr. William "Bill" Reynolds

American College of Physicians Martha Anderson

Tom and Kathy Anderson

Anonymous

Greg and Doreen Beach

Rebecca Bynum

El : 17 El

Edwin and Joyce Eck

Gary and Becky Gollehon

Richard and Ruth Johnson

Steve and Autumn Keller

Winton and Catherine Kemmis

Paul and Susan Lauren

Earl Reinsel

John and Sharon Reiter

Marvin and Sharon Reynolds

William Schwanke

Caarga Charry

George Sherry

Allen and Rebecca Slater

Dean and Eddy Lou Stanchfield

**Stephen and Joanne Tanner** 

Corinne Tribe Louis and Phyllis Whitsell

Joyce Woods

Mike Rice

Stephen Hankes and Jereen Rice

Mae Ripley

Donna B. Alzheimer

Irene M. Roberts

Rita A. Williams

**Maxine Rugg** 

Tim and Gigi Lanham

Robert L. Sexton

Rita and Janna Williams

Jim and Virginia Simmons
Dean Demott and Bonita DyeDemott

# Memorial

**Baby Johnny Simmons** 

**John and Agnes Simmons** 

**Fiddler Smith** 

**Carol Smith** 

Marcile Trebesch

**John Blanchet** 

**Bob Ungaretti** 

Rita A. Williams

**Raymond Watson** 

**Deborah Joy** Susan Watson

**David Worley Judith Worley** 

Bill Yaeger Donna Yaeger

# Honor

\* indicates that donor/honoree is deceased

**Linda Bates** 

**Betty Hollowell** 

Kristi Carlson

Mary Meng

**Jessie Covey** 

Valley Bank of Helena

FM and Nancy Davidson

Randy and Jill Daughtry

Jim FitzGerald

Lyle Hamilton\* and Marianne

**Bill Shupe and Laurie Ekanger** 

Jim and Joan FitzGerald

**Bart and Carole Erickson** 

**Allena Harrington** 

Valley Bank of Helena

Lynette Howell

Chris and Kim Haughee

Marilyn Hudson

**Beverly Ross** 

Intermountain Children

Jane Phillips Judy Wade

**Intermountain Staff** 

Rev. Jack and Becky Mattingly United Methodist Church,

Chinook

Sarah Kelley

Valley Bank of Helena

Dave and Arlene Lindstrand

Anonymous

**Frances Lindstrand** 

Anonymous

**Gary Long** 

Lyle and Laurie Howell

Mark MacMillan

Valley Bank of Helena

**Anne Marie Magill** 

Jim and Martha Haddock

Chaplain Beth Mangold

Gloria Helgeson

**Ethan Marsh** 

Orin and Darlene Marsh

Shellie Mellinger

**Steve Mellinger** 

**Danica Meng** 

**Mary Meng** 

Loretta Meng

Mary Meng

**Kiel Midtlyng** 

Valley Bank of Helena

Nine Mile Creek Staff

Gloria Helgeson

Traci O'Keefe

Valley Bank of Helena

Sami Pack Toner

Rusty Harper and Pat Callbeck Harper

Art Patera

James Hodgson

Robert and Lela Patera

**Debby Joy** 

Bill Reynolds\*

Paul and Susan Ballinger

Pam Schapper

Tom and Christie Long

**Schedel Family** 

**Integrity and Impact Realty** 

Allison Skeels

Valley Bank of Helena

**Carly Starke** 

Valley Bank of Helena

Glen and Ellen Stinar

Danette Sprinkle, Big Sky Brokers Real Estate

**John Watson** 

Tyler and Crystal Amundson David and Marsha Anson

Dick Weaver and Cathy Barker

**Earl and Linda Bates** 

**Kyle and Leah Brown** 

Frank Cannon

Terry and Katrina Chaney

Nick and Linda Cladis

**Kitty Curtis** 

Dan and Mary Ann Fiehrer

Lyle Hamilton\* and Marianne

Niesen

**Harley Harris** 

**Ron and Dee Incoronato** 

Jason and Stephanie Knapp

Jim and JoAnn Lawrence

Wayne and Rhudi Miller **Don and Mary Patterson** 

**Kathy Rice** 

Jim and Carrie Revnolds

**Bob Rowe and Melanie Revnolds** 

Thorne and Elizabeth Saylor

Don and Pam Schapper

Trudi Schmidt

**George Sherry** 

**Rick and Nancy Trudell** 

Warren and Betsy Wilcox

John and Ruth Watson

Lou and Cindy Welch

To make a gift in honor of someone special or in memory of a loved one, please use the enclosed envelope, visit intermountain.org/donate, or call Teresa (406) 457-4804



#### **Intermountain Development**

500 S. Lamborn St. Helena, MT 59601 (406) 457-4804 www.intermountain.org

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It isn't "one or the other." Leaving a gift to Intermountain AND to your family could actually save your loved ones money . . .





Making a legacy gift to Intermountain is easier than you might think . . .

To learn more, or to make Hope & Healing part of your legacy... CALL: (406) 457-4804 or VISIT: intermountain.giftlegacy.com



Join us for the 34<sup>th</sup> Annual Intermountain Festival of Trees, December 1-5, 2021. Visit the website for more details:

intermountain.org/fot