Fine Cold

FALL 2022

He's James!

A story about why our work is so vital

Little Library

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Complete Your Dreams

Scholarship overview and student spotlight



Intermountain Development

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intermountain.org



He's Not Nobody, He's James!

Since the beginning of September, and for the first time since the pandemic, I've been fortunate enough to volunteer in the cottages once a week cooking dinner.

Recently I was introduced to one child who simply said, "I'm nobody." Olivia, his counselor, deftly stepped in and said, "This is 'James,' and he's had a tough day." This reminded me clearly and loudly how vital our work with children is.

Sometimes you walk into a cottage, and you can just tell it's been a tough day. The quickest sign is when "time on silence" is a prerequisite for all the nighttime transitions, from free time to prepping for dinner, to being seated for dinner. It was a living example of the idiom, "All is quiet on the home front."

The next week was a radically different experience. The cottage was VIBRANT. This week James was playing guitar, smiling, and full of life. When I played a song for him on guitar, he said, "Wow, you play guitar!? I thought you just cooked!" We shared a nice laugh.



The two little exchanges that James and I had were healthy reminders that we're all after a very similar thing. Worth. When volunteering weekly before, I got to see these little weekby-week changes. James will discover his worth and be willing to put himself out there in time.

And that's why we are so focused on Hope. Hope keeps us in the fight. It helps us discover, "I'm not nobody, I'm somebody."

A wise clinician once said, "trauma + relationship = resilience." Intermountain staff are tirelessly working to be the relationship piece of that equation. Thank you for the support you offer to make that possible, and I sincerely hope you enjoy this issue of Fine Gold.

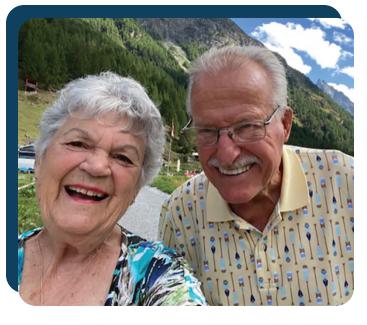
Tyler Zimmer Director of Development

Q&A with Jan Beekman

Q: Jan, what got you interested in Intermountain?

A: My husband, Bob, and I have been attending Madison Valley Presbyterian in downtown Ennis for a long time. One day, an Intermountain staff member came down with a graduate of your residential program, and the speech they gave was so moving that we began to get involved in the community fundraisers at our church.

Q: What really helped you understand Intermountain's mission?



A: After giving through our church, we were invited to attend a campus tour with a group. I had no idea how devoted the staff were, how much love was poured into the children, and how moving the work truly is. Once we saw campus and actually got to meet the children, we fully understood what "Healing through Healthy Relationships" was all about. It's more than just words, it's written into the staff's hearts.

Q: How have you gotten further involved?

A: Bob and I support through monthly giving. I often quote the King James version of Proverbs 17:8 which says, "A gift, withersoever it turneth, it prospereth." We know that when we send in our gift to Intermountain, you will use the gift to benefit the children and not to line somebody's pocket. We are blessed to donate our small amount monthly and know some child will "prosper." I had no idea how devoted the staff were, how much love was poured into the children, and how moving the work truly is.

Little Library Highlights the Gift of Giving

The story of Intermountain's Little Library began almost a year ago at the 2021 Festival of Trees, Once Upon a Storybook Christmas. The library was part of a tree package purchased at the annual event. The purchaser generously chose to donate some of the items in the package back to Intermountain, including bookshelves and the Little Library.

The bookshelves and the library were brought to the school at Intermountain's residential campus. Upon seeing the Little Library sitting in the hallway outside of her classroom, teacher Kathy Slack saw its potential.

"My class does paintings, so we said we would paint it," she remembers.

That January, after Festival of Trees and the holidays had wrapped up, Kathy's class started a unit studying the symbols of Montana and Montana history. As a class, they chose a few of the symbols to draw and paint to decorate the library: meadowlark, cutthroat trout, and mourning cloak butterfly.

"I like to connect art as much as possible and get them out and about to experience what we're studying," Kathy said.

Kathy, an artist herself whose work can be enjoyed throughout her classroom, sketched the drawings on the wooden box. Afterwards, the students picked up their paintbrushes and added some color. By the time they got to painting the door, the students were studying pollinators, so they added some bright yellow bumblebees to the front.

Since the project started in January, it has spanned two classes of students. Kathy's current class includes five students, third and fourth graders.

The students are proud of their work and look forward to walking by it, something they will have the opportunity to do thanks to generous Intermountain neighbors and supporters that jumped at the chance to give it a home in their front yard.

Stan and Glenda Bradshaw have lived on the same street as Intermountain Residential for more than two decades.

"We've been here 23 years, and they are good neighbors," Stan said.



When it came time to find a home for the Little Library, Terry Chaney, Intermountain's Senior Development Officer, planned to call around to neighbors who had supported Intermountain in the past. It didn't take long to find someone to house it. In fact, the Bradshaws were the first ones he called.

The couple had thought about having a Little Library in the past, but Stan admits to not being a very handy guy. So, when they got the call, they told Terry they would love to have it.

Today, the library has found a permanent home on the Bradshaws front lawn, which is visited throughout the day by friendly neighborhood cats and walkers who donate books they have already read. It has become a true community project with new books showing up all the time.

Just like the other neighbors who have already added the Little Library as a stop on their walking route, the students who crafted the colorful box look forward to stopping by as well.

"They are really excited about it and really happy we'll be able to see it when we walk to the park or walk to the museum," Kathy said.

The story of Intermountain's Little Library is truly one of generosity that started with a generous donation by SMA at the Festival of Trees, the donor gifting the package back, the students and teacher who shared their talents to decorate it, and the Bradshaws who gave it a home. It will continue to be a vehicle of giving and sharing as books are donated and borrowed from its sturdy wooden walls.

Learn more about the Little Library program at littlefreelibrary.org.

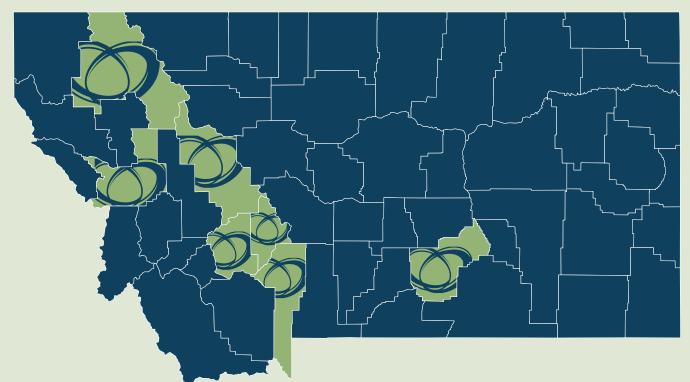


Intermountain by the Numbers

> Through a variety of services, we can reach more clients in more places than ever before. At Intermountain, we are always dedicated to bringing hope and healing to the lives of people in the communities we serve. Today, we are finding new ways to meet people where they are at and provide services that meet their needs.

Counties Where We Provide Services:

Broadwater County | Flathead County | Gallatin County | Jefferson County Lewis & Clark County | Missoula County | Yellowstone County



Average Ages by Program:

Co-Occurring Substance Use and Emotional Distress Therapy

Psychiatry

Outpatient

Family-Based Services (Case Management)

School-Based Services/CSCT

Residential

Occupational Therapy

School-Based Outpatient Therapy

Other numbers of note:

- Through our many therapeutic offerings, we have provided 951 individual services so far this year.
- Within our billable services, 59% of those we serve are Medicaid clients.
- Across Montana and as far away as Maine, 186 employees share their time and talents at Intermountain.
- Volunteers log over 2,000 hours each year at events like our Summer Round Up and Festival of Trees.

Staff Spotlight

Get to know Sarah Bassett, Intermountain's Rehabilitation Services Supervisor.

Sarah was recently promoted to her supervisory position after working as a direct care Occupational Therapist with Intermountain since 2019.

Sarah came to Intermountain from Colorado State University where she received her MS-OT degree. Her favorite part of being an OT therapist is seeing the hard work that kids put in during therapy, and

then graduating from OT and reaping the rewards of their hard work. Getting to walk alongside them in their work is a privilege she does not take for granted!

She and her husband also run a wood crafting business, making hardwood décor to spruce up homes.

- Originally From: Lake Benton, Minnesota
- Favorite Travel Destination: Lakes in Minnesota there's nothing like home!
- Went to School: South Dakota State University for undergrad and CSU for her Master of Science in Occupational Therapy. Sarah was also part of the Temple Grandin Equine Therapy Research Team in her master's program.
- Favorite Hobbies: Hiking, riding her horse, anything outside, being active, and that includes the mind with things like reading!
- Favorite TV Show: New Lord of the Rings show: *Rings* of *Power*.
- Family Life: She and her husband just got married in 2021!
- Favorite Food: Chocolate anything!







Overview of Program

The Earl and Linda Bates Complete Your Dreams Scholarship was founded in 2006 by Earl and Linda Bates after attending a Recognition Day event at the Residential Campus in Helena. As the story goes, they were discussing just how impressed and inspired by the children and their hard work during their treatment at Intermountain. One question they asked themselves was, "what happens to the

just how impressed and inspired by the children and their hard work during their treatment at Intermountain. One question they asked themselves was, "what happens to the kids after they leave treatment and return home?" As they continued to discuss the future for these children the idea of the scholarship emerged. They wanted this scholarship to be something the children of Intermountain had to look forward to and for them to reconnect to the support they had during their time at Intermountain. They wanted the scholarship to be available to them through Intermountain. Just like Intermountain was there for them when they needed care as a child, it would be there again to offer financial assistance and emotional support as they entered higher education." Linda then named the scholarship as Complete Your Dreams Scholarship (CYD) as it was a way for the children to be able to complete their dreams! In 2006, the CYD program saw its first two recipients. In 2011, it saw its first three graduates. The program has continued to grow each year and continues to see more recipients and graduates. To date, there have been 19 graduates with four of those graduating

The

Earl

Linda Bates

omplete Your

eams

with Masters' Degrees. For the 2022/2023 school year, the program has a total of 22 recipients across seven different schools.

Student Highlight

This young lady is a living example of what we mean at Intermountain when we say "lasting outcomes."

Ashley Romero graduated from MSU Northern with an Associate of Science in Nursing in the spring of 2022. She was a recipient of the Earl and Linda Bates Complete Your Dreams Scholarship for the years she attended MSU Northern.

Currently, she resides in Rochester, MN, where she is a surgical floor nurse at the prestigious Mayo Clinic.

We are so proud of everything Ashley has accomplished and she represents everything that Intermountain, the Complete Your Dreams Scholarship Program, and Earl and Linda Bates are about!

Congratulations, Ashley - keep up the great work!



Memorial

Rev. Clifford Amdahl Diane Amdahl

Ruth Athey Jack Slevin and Robin Anlian

Leonard N. Atkinson Delia A. Atkinson

Shirley Bachini Susan Watson

Alice Spear Bankey Alice Janssen

James Brennan Jean Harm

Richard and Jean Callies Dave Melby* and Betty Callies-Melby

Fred and Mary Collins Lois Droegemeier Ruth and Richard Johnson

David Donkle Helen Buker

Tom Fitzgerald Ralph Cox and Alta Mae Buford-Cox

Melissa Foster Wayne and Rena Bucher Robert and Sharon Dayton Jock and Barb Palmquist Jack Slevin and Robin Anlian Dan and Kathy Wetstein

Aubrey and Nancy Fussell Niels and Alice Lium

Don Garberg Peggy Gentry

Jack Gingery Ruth Carlson

Lyle Hamilton Neal Blossom and Kathie Roos Jim Handley Ken and Valeria Van Rooy

Beverly Hihnal Dan and Mary Ann Fiehrer

Maryetta Hodgskiss Jack and Sydney Clark Arlene R. Woodahl

Lucille E. Howe Carole Poole

Michael Heath Johnson Michael and Sharon Johnson

Michael William Johnson Michael and Sharon Johnson

Robert T. King Rita A. Williams

Robert Lamphere Joyce Enlow-Lamphere

Orville and Sylvia Lanham Tim and Gigi Lanham

Jim Lawrence Richard Baker Kitty Curtis Bob and Linda Jarrett Robert and Marie McManus Kathy Rice Robert Rowe and Melanie Reynolds Ralph and Sandra Wahby

Rhonda Lesofski Earl Sukut

Charles D. "Chuck" Lowen Bob and Lela Patera

David Melby Betty Callies-Melby

John and Beulah Melby Dave Melby* and Betty Callies-Melby

Gifts received between April 1st & September 30th, 2022

* indicates that donor/honoree is deceased

Frances Virginia Mellgren Grant Creek Ranch John and Molly Munk Stevensville Ladies Bridge Club

Chris Near Joyce M. Clemo

Joy Neumann Alice Janssen

Sue O'Leary Dan and Mary Ann Fiehrer

John Olson Ron and Dee Incoronato

Reasy and Doris Rea Cheryl Rosen

Don Romo Dave and Donna Byerly

Maxine Rugg Tim and Gigi Lanham

Baby Johnny Simmons John and Agnes Simmons

Brenda Strong Dan and Mary Ann Fiehrer

Bernice Sukut Earl Sukut

Lorrie Sukut Earl Sukut

Betty Sutphin Mary Strozzi

Carol Tyssen Travis and Teresa Meyer Family

Willie Williams Jack Slevin and Robin Anlian

David Worley Judith Worley

Honor

Gifts received between April 1st & September 30th, 2022

* indicates that donor/honoree is deceased

Marsha Anson Sean and Jodi McGirr

Linda Bates Betty Hollowell

Joe and Helen Beausoleil Jack Slevin and Robin Anlian

Kristi Carlson Mary Meng

Frank Cooper Alicia Tuck

Jeanette Cornell Wendy Ochs

Francis and Nancy Davidson Randy and Jill Daughtry

James and Cori DeFoe James and Pam Cornelius John Deyo, Worthy Grand Patron Montana Order of Eastern Star

Jim FitzGerald Jean Neyrinck

Intermountain Staff United Methodist Church, Harlem, MT

Pastor Jack Mattingly Colleen Brommer

Danica Meng Mary Meng

Jace Meng Mary Meng

Brad and Karen Penrod Pam and Bob Kampfer

Mary D. Perkins Pam and Bob Kampfer Fran Shellenberger Mary Frankenfeld

Rev. Joe Tagliaferre Pam and Bob Kampfer

John and Ruth Watson Lou and Cindy Welch

> To make a gift in honor of someone special or in memory of a loved one, please use the enclosed envelope, visit intermountain.org/donate, or call Teresa

> > at (406) 457-4804





Intermountain Development

500 S. Lamborn St. Helena, MT 59601 (406) 457-4804 www.intermountain.org



"Take as little as five minutes to be part of Intermountain's healing work . . . forever!"

You can make a legacy gift that will sustain your support for vulnerable children in perpetuity. It's so easy . . .

• A simple bequest to Intermountain. Including Intermountain in your will can be accomplished by instructing your attorney to add a bequest. If you already have a will, you can direct your attorney to prepare a codicil.

Make Hope&Healing part of your legacy...

• List Intermountain as a beneficiary of a savings plan, retirement plan, life insurance policy, or real estate.

Designating assets to Intermountain upon death can be accomplished in just minutes and, in many situations, at no cost to you.

• These giving vehicles share a common benefit: None require an immediate contribution of incomegenerating assets that you may need during your lifetime.

For more information, contact Intermountain's Planned Giving Office at 406.457.4804 or terryc@intermountain.org. Visit **intermountain.giftlegacy.com** for your free planning guide.

