SPRING 2022

New Leadership A letter from our CEO

All in the Family

Paul and Marie Stark and their extended families have unique perspective on Intermountain

Keep the Chicken, Eat the Eggs Support Intermountain's mission in perpetuity

Family Support Network Joins Intermountain

For every Montana child, a home free from abuse and neglect

Making a Difference

Our memorial, honor, and lifetime gifts



Intermountain Development

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A Letter from Our CEO

Friends.

I am pleased to have this opportunity to write to you all one last time. Intermountain is, in many ways, turning over a new leaf as we all emerge from the collective fog of the last two years. It is a testament to our resilience that Intermountain still stands strong in the field of mental health care given the challenges this

time has brought. Our thriving partnerships with healthcare centers and school districts, and continued expansion into new communities, will power Intermountain's important mission for its next century of existence.

Speaking of the future, by the time you read this, Intermountain's new CEO will have been in the seat for a few weeks. Allow me to share the following message:

Intermountain's Board of Directors is so pleased to introduce Matthew TeNyenhuis as our next CEO



"I am excited to join Intermountain as your next CEO. I was drawn to this organization as your mission of serving children and commitment to healing through healthy relationships is in true alignment with my own life endeavors. Every child deserves an equal opportunity to live and thrive physically, emotionally, socially, and academically. Together, we will continue the legacy of supporting children and families."

~ Matthew TeNyenhuis, Incoming Intermountain CEO

Matt joins Intermountain from Peak Vista Community Health Centers, a Federally Qualified Health Center in Colorado Springs, Colorado, where he has worked since 2013. In 2020, Peak Vista provided over 403,000 total patient visits through telehealth, medical, dental, and behavioral health. Currently Matt is serving as the Vice President of Ambulatory Clinical Operations.

As has been shared before, my commitment to Intermountain remains firm, and I will be assisting Matt with the transition in any way that I can. Please know that Matt is more than capable of taking up the reins and that he will be surrounded by a phenomenal leadership team and Board to help enact a seamless transition.

When I started at Intermountain 43 years ago, we served 32 children a year. Now, we serve thousands in not just Helena, but Billings, the Flathead, Missoula, and Bozeman, as well as the surrounding areas of all these major hubs. I truly believe our footprint has expanded because of two exceptional factors: First, the tireless efforts of countless staff and Board members over the years, and second, the equally immeasurable generosity of our friends and donors like you. Without these two intangibles we would not be where we are today.

Thank you for your sacrificial commitment to Intermountain. Your gifts of time, prayer, finances, and leadership have created so many opportunities for the restoration of hope in Montana's children and their families.

With sincere gratitude,

The Jerald

Jim FitzGerald

All in the Family

Of the thousands of folks who have contributed to Intermountain over the years, there are few who have been involved in as many ways, for as many years, as Paul and Marie Stark!

As best as he can recall, Paul's connection began roughly 36 years ago when he was working at KMTX Radio. The station was a sponsor for Intermountain's annual Festival of Trees at the Civic Center in Helena.

I believe KMTX was one of the original Festival sponsors back in 1986. I was working for the station at that time. It was my job to help coordinate the on-air promotion until the radio station sold in 2015! When Family Fun Days (a weekend full of diverse musical performances from local children and youth) was added, I attended the festival and announced the different performances throughout the day, which I did for three or four years. I have many warm memories of the festive weekend, especially the crowds of people of all ages, mingling among the gorgeous trees in the Civic Center ballroom.



Festival of Trees also served as the segue for Marie's involvement with Intermountain. She became a large tree

designer in 2009, and later the couple became a large tree sponsor. For the last 13 years, the number of family members and friends who have some role in tree décor has continued to grow. Today, it includes siblings, grandkids, and in-laws. Olivia, their six-year-old granddaughter, announced to family and friends that she, too, was a tree designer. To our knowledge, this makes her the youngest tree decorator in Intermountain's history.

Today, the Starks and their extended families have about as broad a perspective of Intermountain as you can imagine: They have served as volunteers and ambassadors; had an employee in the family; have family members who were clients; serve on the Festival steering committee and the Intermountain President's Council; are tree sponsors and designers; and are generous and loyal donors.

The Starks have family members who experienced trauma when they were young. This resulted in the family becoming engaged on the service side of Intermountain, on multiple levels, for several years. According to Marie, this was an affirming experience that increased their engagement and support to an even greater level.

Resident Spotlight

As a member of the Development Team, I have had the privilege of volunteering my time in the cottages with a lot of kids in our residential treatment program. Those who have toured campus know this to be an eye-opening experience! For me, it definitely has been, but it's also extremely rewarding, and it's why Intermountain will always be near and dear to me. I want to share a story of one of the kids I've been blessed to come to know and give you a glimpse into what working with these children can be like.

We're going to talk about Matthew. No, not the gospel, but a child who stayed at Intermountain's residential campus in Helena. When Matthew came to Intermountain, he brought a significant challenge - Selective Mutism - one of the dozens of mental health diagnoses that Intermountain is prepared to walk alongside.

Take a second and imagine working with a child with Selective Mutism, which is a severe anxiety disorder where a child or teen is unable to speak in certain social situations. It would be very hard to conduct therapy, let alone parent the child. You see, when adversity presented itself in Matthew's life, his instinct was to shun speech and conversation. It has been said in jest that we spend the first two years of a child's life teaching



them to walk and talk, and the next 16 teaching them to sit down and be quiet. That's not exactly what the spirit of this idiom is trying to capture.

Matthew's counselors determined his struggles were due to a significant lack of confidence and a hefty dose of fear. As in all things with children's mental health, it took time to overcome these adversities. But Intermountain's mission is to heal through healthy relationships, and relying on their expertise, his counselors were able to begin instilling confidence in him. But that's not where it stops. Matthew notched several key milestones during his treatment, and it led to him gaining so much confidence that he agreed to play a guitar solo in front of 400 strangers at a recent Festival of Trees event. I got to witness it firsthand, and I'm big enough to admit a tear or two (or more!) were shed.

Because Intermountain staff were able to help him build that confidence, they sent him home to his family as the child who had become known on campus as a quirky, spunky, and most of all, goofy kid. After all, instilling confidence and seeing a child develop into who they are meant to be isn't a measurement, it's the mission of healthy families everywhere.

Matthew's story is one chapter in a book of hundreds of chapters of restoring hope to families. Intermountain helps children achieve above and beyond expectations because of the support of thousands of donors across the state. Thank you for your generosity and taking part in that restoration of hope!

If you or a group would like to visit our campus, please email me at tylerz@intermountain.org. We would love to show you all the new and exciting things that have happened these last three years, because even though the world slowed down in some ways, Intermountain's staff sure didn't!

Staff Spotlight

Get to know Melissa Hammond, Intermountain's Residential Operations Manager.

Melissa works tirelessly to support the direct care staff in Residential and makes sure things run smoothly behind the scenes so that staff can focus on the kids.

Melissa worked with younger children before she came to Intermountain, focusing on children from birth to three years old in an early intervention setting. Specifically, she helped families tackle developmental disabilities and overcome the challenges that come with those. She wears her heart for children on her sleeve, and we are so grateful to have her in leadership!

She also volunteers her time as a ski patroller at Great Divide Ski Area!

- Comes From: Issaquah, Washington
- Favorite Travel Destination: "It used to be Montana, but now I'm lucky enough to live here!"
- Went to School: Central Washington University
- Favorite Hobbies: Camping, skiing, fly fishing, hiking
- Favorite TV Show: *Friends* she was lucky enough to attend two live tapings at Warner Brothers studios!
- Family Life: Husband and two kids, 19 and 21!
- Favorite Food: Thai food, Chicken Panang and Curry







Memorial

Gifts received between September 1st, 2021 & March 31st, 2022

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To make a gift in honor of someone special or in memory of a loved one, please use the enclosed envelope, visit intermountain.org/donate, or call Teresa

at (406) 457-4804

Keep the Chicken, Eat the Eggs

The proper time to influence the character of a child is about 100 years before he is born.

~ William Ralph Inge

What science is telling us, at accelerated speed, is something that we already knew at an intuitive level. Our relational influence on the lives of our children and youth is more profound than we ever imagined. It starts in the womb. And our voices and our example continue to speak into their lives, and their children's lives, and so on, long after we are gone. The idea that we are influencing "the next generation" is short-sighted. Think more in terms of "the next seven generations." ~ Jim FitzGerald

Years ago, Sara Roberts, a loyal donor of Intermountain for over 30 years at that time, confided in me that she intended to do something to support Intermountain, not just during her lifetime, but for future generations as well. Weeks later, Sara informed me that she was transferring a gift of appreciated stock through her brokerage firm. The value was much greater than any gift she had ever before made. Sara quickly explained, "This is not like my annual gifts. This is a "forever" gift; think of



it as a chicken that I want you to keep alive, but you can eat the eggs." Sara was saying that the initial value of her special gift was to be invested in Intermountain's donor restricted endowment. This is a permanent savings account. The investment income, or a portion of the income, is distributed annually as needed to support Intermountain's mission in perpetuity.

Today, restricted planned gifts of this nature have become more valuable than ever. Did you know that Intermountain is currently providing Hope and Healing for over 2,000 children and youth? Early in the decade, Intermountain was serving about 40 kids in residential treatment. It was a relatively small service population, but the needs were extraordinary, and the outcomes consistently achieved were exceptional. Former NBC Today Show medical correspondent Dr. Art Ulene meant it when he said, "Intermountain literally saves children from the scrapheap of life."

Looking to the future, Intermountain recognizes that its single greatest challenge – and opportunity - is to significantly broaden accessibility to services, without compromising quality outcomes. Intermountain needs both robust growth in its annual campaign, as well as endowment growth, to carry forward its compelling mission for future generations.

A planned gift is basically any gift that is arranged in the present for distribution at some future date. These gifts are typically made through your estate. That way, you have complete ownership and access to the funds during your lifetime. In Sara's case, she made a planned gift both during her lifetime (the appreciated stock gift referenced above), as well as another planned gift distributed at her death. Through a simple form provided by her retirement plan custodian, Sara spent a few minutes, at no cost, to arrange the direct transfer to Intermountain of any deferred retirement assets that survived her. Like the restricted planned gift of appreciated stock that Sara made during her life, the gift of deferred retirement funds resulted in significant tax savings.

Intermountain's ability to meet the everincreasing demand for services has profound consequences for future generations of children! A combination of both robust annual support, along with investment income (the eggs) from restricted planned gifts, will help us achieve our vision of Hope and Healing in perpetuity! There are a multitude of planned giving options that can benefit you, as well as your loved ones.

If there is any way that Intermountain can be of assistance, please contact our Planned Giving Office at (406) 457-4804, email terryc@ intermountain.org, or visit our Planned Giving website at intermountain.giftlegacy.com.

All in the Family continued from page 3

As highly involved volunteers, Paul and I knew what Intermountain is about and the value of its work and impact. It's another level, though, when you have loved ones who are struggling, and you get to witness firsthand Intermountain's expertise and the compassionate manner in which they treat their clients and families. The mission 'Healing Through Healthy Relationships' isn't just a promotional slogan. It guides everything they do and how they do it.

Intermountain is exceedingly grateful for Paul and Marie and their extended family and friends who have given so much on behalf of this work over the years. As Paul noted, there is great value in multi-generational involvement in Intermountain:

Our family has witnessed so much good that has come from the work of Intermountain, and like Marie said, we have also been personally blessed from the life-changing work that you do. Marie has intentionally engaged the extended and younger family members in order to carry on the tradition; and we want our children and grandchildren to grow up knowing about Intermountain. No doubt, Intermountain is a resource whose significance will become more vital to the health and well- being of future generations.

Family Support Network Joins Intermountain

Announcing a strategic partnership that will rapidly enhance our mission through the diversification of services in Yellowstone County and beyond.

We are excited to have the opportunity to serve more children and families as we combine resources with Intermountain Deaconess Children's Services (IDHS).

Family Support Network (FSN) was developed over 28 years ago - born out of a commitment to ensure that young people in the child welfare system are able to see their families in a safe and nurturing environment. Experience, backed by research, tells us that children love their parents dearly, no matter the circumstance that got them and their family involved with child welfare. Experience and research also tell us that children involved in the child welfare system need all the medical, clinical, and social support they can get...in a coordinated, organized way.

FSN provides home visitation services, supervised parenting times at our agency, parent

MISSION Helping Families Raise Healthy Children

VISION

In partnership with others, for every Montana child, a family home free of abuse and neglect. education classes - both Nurturing Parenting and Between 2 Homes Coparenting - and through this partnership with IDCS, mental health services. We use models of service, intervention, and education supported by research with a goal of positive outcomes for children and families. FSN walks alongside children and families as they spend time together in a safe and nurturing environment. We teach, coach, support, and motivate parents and children while they are with us.

Family Support Network partners with local and state Child Protective Services; Family Recovery Treatment Court; local family law attorneys; the Billings-area mental health community; Court Appointed Special Advocates (CASA); Montana Rescue Mission and Friendship House (offering parenting classes); Costco (helping our clients with food insecurity); and local high schools and clubs (bringing joy and art through decorating and mural work).

The relationship between Family Support Network and Intermountain has evolved over the past several years. Initially, Intermountain provided accounting services in an effort to support FSN administratively. This connection led to the addition of Outpatient Therapy for the children and families FSN serves.

As of January 1, 2022, our completed partnership with Intermountain Deaconess Children's Services will allow Family Support Network the opportunity to substantially increase positive outcomes for children and families. This will be made possible through further strengthening of our administrative structure, increasing our capacity for friend and fund raising by adding a team approach to our development efforts, and last, but definitely not least, diversifying our revenue streams through the ability to offer additional mental health programing, along with case management services, for the children and families FSN serves.

Our partnership will continue to look to the future, striving to add value to the mission and vision of both Family Support Network and Intermountain Deaconess Children's Services with the goal of improving outcomes for children and families throughout Montana.

We are better together!

Through this process of joining IDCS, the FSN Board has transitioned into an Advisory Board, and two of our Board members have joined the IDCS Board. Please welcome them to the IDCS family.



Mark Kary has been a Billings resident since going to Skyview High School, and he stuck around to learn and play football at Rocky Mountain College. Married to the best woman in the world, Holly, for 19 years, they have two kids, ages 12 and 14, that they try to keep

up with in school, lacrosse, softball, football, church, and . . .

Mark became a Board member of Family Support Network in 2019 and was immediately impressed with the mission and dedication of Shawn, Kathy, Deb, and everyone in the organization. Mark has been in the commercial banking industry for 19 years with his office at the First Interstate Bank in downtown Billings. He has a passion for hunting, exploring, and tinkering. Mark is excited to see IDCS and FSN work together and learn from each how to better serve the children and families in Montana.

John Williams is married and has seven beautiful children. He served in the Montana Air National Guard for six years as a firefighter, and in 1992, graduated from Rocky Mountain College. Upon graduation, he began working at the Ted Lechner



Youth Services Center for four years, and in 1996 began a career with the Montana Department of Corrections as a Juvenile Parole Officer. Over the next 20 years, John would hold many positions with the Department, ranging from an Intensive Supervision Officer to Chairman of the Billings Area Reentry Task Force. The last nine years of his career John would be the Administrator for Region IV Probation Parole Operations covering the South-Central region of Montana. He has been a member of the Billings Community for nearly 30 years and has a strong faith background and set of values that have guided him through the years of his life. John understands the importance of research and evidence in corrections as the field continues to address the complex and ongoing issues of balancing the safety of our communities with providing opportunities for individuals to change their behavior and become contributing, law-abiding members of the community. In January of 2016, John accepted the position as Alpha House Director. John has been a member of FSN's Board, since 2019.

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In Recognition of Lifetime Giving * indicates that donor is deceased

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