



intermountain

Caring Solutions ■ Strong Families ■ Healthy Communities



HEALING
through **HEALTHY**
relationships

Intermountain 2022 Annual Report

Dear Friends of Intermountain,

It is with great pride and gratitude that we present our annual report for 2022. It has been several years since we have assembled an annual report, and we are excited to share with you the wonderful things that are happening at Intermountain.

In 2022, thanks to your support, we were able to serve 1,700 children, families, and adults throughout Montana.

Last year we continued expanding our programs and services to meet the growing needs of the communities we serve. We launched new initiatives to better serve our families, including our merger with Family Support Network, which allowed expansion of our mission and enhanced our services in Yellowstone County.

We are incredibly proud of the work we accomplished last year. Here are some of the highlights:

- Our Therapeutic Education Program provided year-round service for more than 200 children with caring and supportive adult mentors.
- We provided school-based services to more than 600 children, ensuring they had the resources they needed to succeed in school.
- We hired four telehealth therapists, expanding our reach across the state of Montana.
- We began working with adults in earnest, realizing that to better serve children, we must also help the adults in their lives.
- Our residential program was able to keep all 24 of its beds open with plans to re-open more soon.

We could not have accomplished any of this without the support of our generous donors, volunteers, and community partners. I cannot thank you enough for your continued commitment to our mission.

As we look ahead, we are excited to continue this important work, always putting our clients first as we ask ourselves how we can continue to best serve their needs. Every statistic included in this report is a person, often a child, with hopes for the future and dreams of a healthy, happy tomorrow. With your continued support, we are confident we can make an even greater impact in their lives.

And because I'll never be able to say it enough, thank you again!

Sincerely,
Tyler Zimmer, Director of Development



2022 Fundraising

Caring Friend Monthly Gifts	\$110,067
General Support	\$388,959
Direct Mail Gifts	\$50,746
Festival of Trees Gifts	\$424,504
Summer Round Up Gifts	\$361,944
Restricted Grants	\$439,197
Unrestricted Grants	\$364,686
Churches	\$51,978
Estates and Planned Gifts	\$257,962
Donor Advised Funds	\$107,675
Endowments	\$234,780

Total Raised in 2022 **\$2,792,498**

Total number of gifts: **4,813**

Total Number of Caring Friends in 2022: **189**

Total Number of Donors: **2,016**



MISSION

Healing through healthy relationships.

VISION

Relational and emotional health through transformative, integrated care.

VALUES

In all we do, we create a supportive environment promoting healthy change and growth.

Working with others, we improve society's ability to provide prevention, protection, treatment, and permanency for all struggling children, youth, and families.

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4 Intermountain 2022 Annual Report

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4 Intermountain 2022 Annual Report



Discovering Passion and Purpose at Intermountain

Ashelynn came to Intermountain a hesitant middle schooler. Now she's preparing to be the first in her family to graduate college.

The way Ashelynn tells it now, Intermountain helped her discover a life-long passion for the outdoors. But she can still remember being a hesitant seventh grader who would rather be in lunch or at recess than working with a therapist during those times.

As a child, Ashelynn experienced significant trauma. Her parents both struggled with addiction and were not present in her life. But her grandmother was. Displaced by Hurricane Katrina, Ashelynn and her three siblings moved from Louisiana to Montana where her grandmother took them in. Today, Ashelynn acknowledges just how hard it probably was for her grandmother to raise four young children.

"Growing up we never really went on vacation. We didn't have cell phones or TVs, but to us, we didn't really know the difference. My grandma always did such a great job of keeping her financial struggles and every-day worries from us. So, for me, as a kid, even though we were considered living in poverty, we never really knew it."

Ashelynn, now 28, first came to Intermountain's Comprehensive School Community Treatment (CSCT) program when she was in seventh grade. At first, she was apprehensive and skeptical. She didn't want to share her feelings, talk about her home life, or get to know new adults.

Slowly, the CSCT team made genuine efforts to get to know her and build trust. She started to feel the value of the relationships she was making with the staff and learned that, even though she had to sacrifice some social time, attending groups and sharing her feelings was beneficial. The CSCT team was able to help her build more awareness around her feelings, learn new coping skills, and experience safe and trusting adult relationships.

While she was making progress with her CSCT team, her favorite part of being an Intermountain kid was the summer program. On summer days, she would hop in a van with the other children in the summer program to go fishing, hiking, or to play at the lake.

"These were the most memorable times for me. These experiences helped shape my life then and even now. It's because of these opportunities that I was able to learn who I want to be and what career path I wanted to take," Ashelynn said.

Ashelynn is now a senior at Carroll College in Helena, preparing to graduate in Spring 2023 with a bachelor's degree in Environmental Science.

"Intermountain not only introduced me to my love of the outdoors, but also allowed me the chance to be shown differently than what I had known growing up. And it's because of Intermountain that I've been able to make my hopes come true and provide a better life for my son and I," she said.

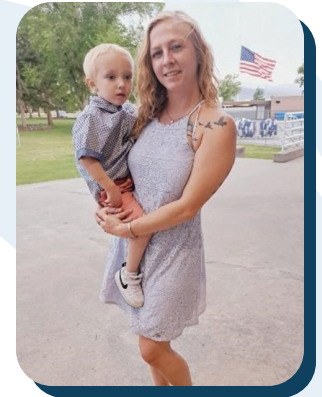
Opportunities provided through Intermountain, exposure to the outdoors, and the life-long skills she built have empowered Ashelynn to provide a better life for herself and her 3-year-old son.

"My life has never really been easy. I've had to overcome many of life's challenges as everyone does. I am the first in my family to get a college degree, but now not the last."

Intermountain's Melissa Wilson has walked alongside Ashelynn for much of her journey. Today, their relationship continues with Ashelynn receiving the organization's Complete Your Dreams Scholarship, a scholarship exclusively for alumni of Intermountain's programs. Ashelynn has been a recipient of the Complete Your Dreams Scholarship for the last four years, receiving financial support for tuition, housing, and daycare.

"To describe Ashelynn, I would use words like resilient, smart, fierce, courageous, loyal, nurturing, determined, and a wonderful mother. Ashelynn has experienced some of the worst that life can throw at someone. However, she has never let that discourage her from realizing her potential and reaching her goals. She is an amazing woman, and I am so proud of her." Melissa said.

Ashelynn was the featured speaker at the 2022 Intermountain Festival of Trees Tea in the Trees event. She shared her story there.



What is Complete Your Dreams?

The Earl and Linda Bates Complete Your Dreams Scholarship (CYD) was founded in 2006 by Earl and Linda Bates who wanted to provide continued support to children after they leave treatment at Intermountain. The scholarship supports Intermountain kids seeking higher education to pay for things like tuition, housing, day care, and therapy. All students also receive mentoring, case management, and additional support through Intermountain as part of their scholarship.



Since 2006:

- 66 student recipients
- 19 completed degrees
- 50% of recipients are first-generation college students

2022 ANNUAL GIVING

Monetary Gifts of \$1000 or more January 1 – December 31, 2022

\$100,000+

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M.J. Murdock Charitable Trust
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\$50,000 - \$99,999

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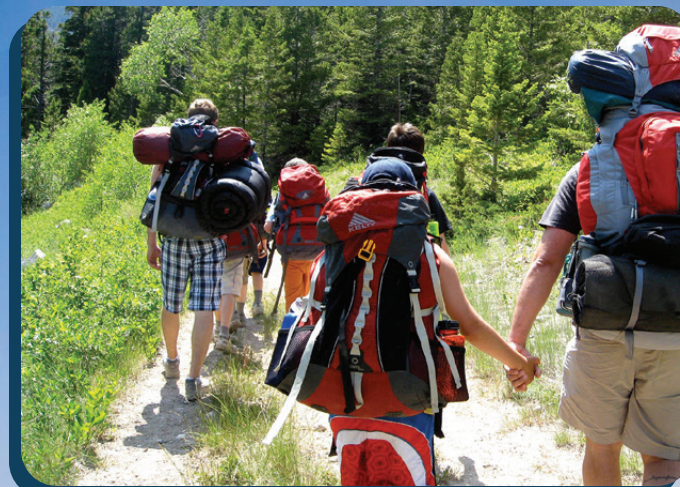
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Yellowstone Boys and Girls Ranch Foundation

* denotes that donor is deceased



The Healing Power of Summer Fun

While our summer program led Ashelynn to her future career, that isn't always the case. But there is no denying the healing powers of the outdoors.

Exploring the outdoors helps children at Intermountain Residential and those participating in our school-based services continue care throughout the year, while also getting outside to play and grow. But access to the outdoors also provides children with so much more.

When "David," 12, came to our Helena residential campus for intensive treatment, he was an introverted young man who wanted to stay inside to play video games. Before we met him, he had never ridden a bike. By the end of that summer, because of Intermountain's summer program and the support of people like you, David discovered he loves to fish, camp, and hike. He was hoping to someday have a bike of his own. But most importantly, his self-confidence skyrocketed, and he learned how to push himself in the face of new challenges. By the time he was ready to leave intensive treatment, he was the first kid out the door!

Summertime for the kids at Intermountain Residential and in our school-based services is a true extension of the thoughtful therapeutic programming provided the rest of the year.

Outdoor and community experiences are used extensively to promote self-growth and trust within relationships. Roughly half of the children we admit have never been fishing or swimming, let alone ever slept outdoors. These types of experiences are crucial to treatment (and childhood!). Kids learn healthy self-reliance. They see and experience teamwork in very tangible ways. They get to experience success with struggles in safe and supportive environments. The benefits are many – and so much fun!

How We Grew in 2022

FSN Joined Intermountain

We kicked off 2022 by strengthening and solidifying our partnership with Family Support Network (FSN) in Billings.

Over the past several years, the relationship between the two agencies has evolved. At first, Intermountain provided accounting services for FSN. Then, in early 2022, a merger was completed, enhancing the abilities of both organizations to increase positive outcomes for children and families.

“The partnership not only consolidates administrative efforts, it allows Family Support Network the opportunity to work together with Intermountain on delivering additional needed services to children and families,” said FSN Executive Director Shawn Byrne, MSW.



FSN Direct Care Staff

FSN was developed over 28 years ago, born out of a commitment to ensure that young people in the child welfare system can see their families in a safe and nurturing environment. FSN provides home visitation services, supervised parenting times, and parent education classes. Through the partnership with Intermountain, mental health services were added.

“Intermountain’s developmental relational model, which focuses on addressing disruptions to a child’s development and healing through healthy, supportive relationships, will absolutely benefit the children and families Family Support Network serves,” Byrne said.

The partnership furthers Intermountain’s mission of “healing through healthy relationships.”

Adult Services Added to Help All Members of the Family

In response to the growing need for mental health services in our communities, we expanded our programs to add adult services in communities throughout Montana.

While we have long been known as a pioneer in mental and behavioral health care for children and adolescents, we realized that to better serve our young clients, we need to help the adults in their lives as well.

This year we added services to meet the growing needs of the adult populations in the communities we serve, including Helena, Bozeman, Billings, and the Flathead Valley.

We now offer adult and family counseling, psychiatry, case management, and medication management.

The foundation of our developmental relational model was used when planning these new services. We use a relationship-based approach and client-centered treatment solutions that are individualized to meet the needs across a person’s lifespan. We know that healthy connection is a catalyst to change, growth, and a sense of collaboration.

Telehealth Connects People Across Montana

We have seen a greater need in recent years for online services. This year, we met that need by adding four telehealth therapists to our team.

This helped to connect children, adolescents, families, and adults to services they need no matter where they live.

Our supported telehealth model takes this service one step further by providing space and support for clients who would like to come into the office. Clients can choose to either meet with a therapist on their home computer or come to the Intermountain office where our staff will set them up with the equipment they need in a comfortable, confidential setting.

If clients require additional services, their therapist can refer them to a case manager, occupational therapist, or other Intermountain provider in their area.

As always, we are committed to supporting the evolving needs of our communities.



Intermountain Board of Directors

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INTERMOUNTAIN DEVELOPMENT

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